

RecConnect

WAKE FOREST PARKS, RECREATION & CULTURAL RESOURCES

SEPTEMBER 2021–FEBRUARY 2022



Fall & Winter EVENTS | PROGRAMS | ATHLETICS



WELCOME



Meet our Staff

Shawn Monday is a native of upstate New York and a former Marine. He obtained his Bachelor of Science degree in Sports Management from Louisiana State University. Shawn has worked for the Town of Wake Forest since January 2020 as the Recreation Specialist at Joyner Park Community Center where he is responsible for program development and implementation, as well as oversees the hiring and supervision of all instructors. He is a Certified Parks & Recreation Professional (CPRP) and enjoys camping, loves animals and is a student of Taekwondo.



Program registration begins Aug 1

Register for programs at any staffed site or online at wakeforestnc.recdesk.com. Online registration closes two business days before the start of a program.

STAFFED REGISTRATION SITES:

- **Joyner Park Community Center (JPCC)**, 701 Harris Road, Mon-Fri 6 am-10 pm, Sat 8 am-4 pm, Sun 1-5 pm
- **Flaherty Park Community Center (FPCC)**, 1226 N. White St., Mon-Fri 8 am-10 pm, Sat 8 am-4 pm, Sun 1-5 pm
payments by checks and credit/debit cards only
- **Alston-Massenburg Center**, 416 N. Taylor St., Mon-Fri 12-8 pm, Sat 8 am-4 pm, Sun 1-5 pm
payments by checks and credit/debit cards only

Rec Card required to access amenities at PRCR facilities

Wake Forest residents and non-residents ages 11 and older must have a Recreation Card (Rec Card) to access amenities offered at all PRCR facilities including Joyner Park Community Center. Those without a Rec Card may visit PRCR facilities any time, but a Rec Card is required to access the amenities.

Amenities that require a Rec Card:

Indoor walking track, cardio equipment, exercise room, open gym times for volleyball, basketball and pickleball

COVID-19 Please note that PRCR-sponsored programs and events are subject to change with limited notice. Wake Forest officials will continue to closely monitor updates and follow guidelines from the Wake County Health Department, N.C. Department of Health and Human Services and the Centers for Disease Control. Guidelines have been implemented in protocols established by the Town to address potential exposure to the coronavirus and protect our community and staff.

Please be sure to check the Town's website or call the Park, Recreation & Cultural Resources Department for an update on the status of programs and events.

Rec Card Fees:

RESIDENTS: Free. **NON-RESIDENTS:** \$25 (individual), \$50 (family). **DROP-IN FEE:** \$5. **REPLACEMENT FEE:** \$5 for lost or stolen cards.

To Obtain a Rec Card:

1. Create a profile at wakeforestnc.recdesk.com
2. Visit the JPCC, FPCC or the Alston-Massenburg Center to have your picture taken and present proof of residency.

Expiration: Rec Cards are valid for one year from date of purchase and must be renewed annually.



Wake Forest Parks, Recreation & Cultural Resources Department
701 Harris Road, Wake Forest, NC 27587
919-435-9560
fax 919-435-9499
wakeforestnc.gov

Office Hours
Monday-Friday, 8 am-5 pm

Director
Ruben Wall
919-435-9561
rwall@wakeforestnc.gov

Athletics & Aquatics Superintendent
Edward Austin
919-435-9562
eaustin@wakeforestnc.gov

Athletics Specialist
KP Kilpatrick
919-435-9457
kkilpatrick@wakeforestnc.gov

Programs Superintendent
Monica Lileton
919-435-9563
mlileton@wakeforestnc.gov

Recreation Specialist - Specialized Programs
Kelly Schurtz
919-435-9559
kschurtz@wakeforestnc.gov

Recreation Specialist - Special Events
Suja Jacob
919-435-9558
sjacob@wakeforestnc.gov

Interim Maintenance Superintendent
Randy Hoyle
919-554-6184
rhoyle@wakeforestnc.gov

Office Assistant
Rosemary Pimentel
919-435-9564
rpimentel@wakeforestnc.gov

Alston-Massenburg Center
416 N. Taylor St. | 919-554-6189
CENTER MANAGER Garrett Bryant
gbryant@wakeforestnc.gov | 919-554-6189

Flaherty Park Community Center
1226 N. White St. | 919-554-6726
CENTER MANAGER Grayson Pridgen
gpridgen@wakeforestnc.gov | 919-554-6726

Joyner Park Community Center
701 Harris Road | 919-435-9560
INTERIM CENTER MANAGER Shawn Monday
smonday@wakeforestnc.gov | 919-435-9554

Wake Forest Renaissance Centre for the Arts
405 S. Brooks St. | 919-435-9458
CENTRE MANAGER Debbie Dunn
ddunn@wakeforestnc.gov | 919-435-9567
CENTRE SPECIALIST Debra Horton
dhorton@wakeforestnc.gov | 919-435-9566

The Wake Forest Parks, Recreation & Cultural Resources Department seeks to enhance the lives of the citizens by promoting health and wellness through diverse, safe, accessible, and culturally enriching recreational opportunities.



EVENTS

AND COMMUNITY ACTIVITIES



HALLOWEEN BOO BASH
OCT 21

Friday Night Line Dance Party! <<NEW!>>

Join Instructor Sue Jennings at Joyner Park for a fun evening of dance! Line dance is a fun way to dance without the need of a partner. Make new friends while learning the latest dance steps and traditional ones. No experience required.

Joyner Park	Sep 3	F	6:00-8:00 pm	\$16 \$13 RD	ages 16+
-------------	-------	---	--------------	----------------	----------

*Event held at Joyner Park Amphitheater (rain date Sep 10)

Wake Forest Unplugged

Disconnect from your electronic devices and join other Wake Foresters for an afternoon of free games and activities. Make it a day and stay for the Six Sundays in Fall concert beginning at 5 pm. Wake Forest Unplugged is sponsored and coordinated by the Wake Forest Recreation Advisory Board.

Joyner Park	Sep 5	Su	4:00-6:00 pm	free	all ages
-------------	-------	----	--------------	------	----------

Six Sundays in Fall - Concert Series

Bring a lawn chair and enjoy live music at the park! This concert series is co-sponsored by the Wake Forest Parks, Recreation & Cultural Resources Department and ARTS Wake Forest. Visitors to the park are reminded that alcoholic beverages, smoking, and unleashed pets are prohibited. Residents are encouraged to bring their own snacks.

Joyner Park	Sep 5-Oct 10	Su	5:00-7:00 pm	free	all ages
-------------	--------------	----	--------------	------	----------

Father-Daughter Dance

Celebrate the special bond that fathers and daughters share with an evening of fun at the Town of Wake Forest's annual Father-Daughter Dance. Treat your daughter to a night of music, dancing and memories that she will have for a lifetime. This year will be a country western theme including music, entertainment, and heavy refreshments.

WFCH	Sep 17	F	6:30-8:30 pm	\$38/couple* \$30/couple* RD	ages 3+
------	--------	---	--------------	--------------------------------	---------

*Additional children are \$8 per child

Halloween Boo Bash

Howl about coming out and goblin up a ghoulish good time this Halloween? A variety of ghostly games and activities will be offered. This year's festivities will include a costume contest, face painting, and cupcake walk, along with a variety of other ghostly games and activities, and free pumpkin giveaways - while supplies last. Costumes are optional, but best costumes will be featured on the Town's website.



JPCC	Oct 21	Th	4:30-8:30 pm	free	all ages
------	--------	----	--------------	------	----------



Zombie Survival

Can you survive a zombie attack? Find out who in your team has what it takes to survive the zombie apocalypse and which ones are zombie bait! Teams have 45 minutes to retrieve items needed to survive a night in an containment zone. Zombie's will attempt to steal your "life flags". If you make it back to base camp with all your supplies and with at least one "life flag", your team will be named a Zombie Survivor and have a chance to win a prize! If you lose all of your flags, the Zombies will have won!

JPCC	Oct 23	Sa	6:00-7:30 pm	\$44/team* \$35/team* <i>RD</i>	ages 12+
------	--------	----	--------------	-----------------------------------	----------

**Teams of 2-4 people*

Gobblequest

Bundle up and bring your family out to Joyner Park to participate in family Gobblequest! Turkey cutouts will be hidden throughout the park's various trails and Greenway. Each turkey "caught" can be redeemed for a special award (limit one award per family). The morning will include hunting for turkeys, crafts and light refreshments. Activities are most suitable for children under twelve.



Joyner Park	Nov 13	Sa	10:00 am	\$6/child* \$5/child* <i>RD</i>	all ages
-------------	--------	----	----------	-----------------------------------	----------

Calls from Santa

Children can receive a personal phone call from Santa this Christmas! Registration forms will be available on the Town's website. All forms must be returned no later than 5 pm on December 1.

	Dec 2	Th	6:00-8:00 pm	free	ages 3-9
--	-------	----	--------------	------	----------

Brunch with Santa

Santa Claus is coming to town, and he's making a pit stop in Wake Forest. Enjoy a delicious brunch, visit and take pictures with the Big Guy. There will also be story time and crafts. Wear your favorite holiday attire.



JPCC	Dec 5	Su	10:30 am-12:00 pm	\$38/couple* \$30/couple* <i>RD</i>	all ages
------	-------	----	-------------------	---------------------------------------	----------

**Couple includes two guardians and one child. Additional children are \$8 per child.*

Cinema at the Center

Bring the whole family and join the Parks, Recreation & Cultural Resources Department at the Joyner Park Community Center gymnasium for a family holiday movie night. This year we are showing *Frozen 2*.

JPCC	Dec 11	Sa	6:30-8:30 pm	free	all ages
------	--------	----	--------------	------	----------

Meet our Staff



Damon Fennell works part-time for Joyner Park Community Center as a Recreation Supervisor.

He provides supervision in the facility, great customer service, and general upkeep of the center.

Damon has worked for the Town of Wake Forest since January 2020. Growing up in Durham NC, he has attended and graduated from North Carolina Central University starting with an initial major in Recreation Administration and completed his Bachelor of Science in Behavioral and Social Sciences in 2017. He has always had a love for the recreation field that begins as a Recreation Lead at Hargraves Recreation Center in Chapel Hill NC, relocating to Sandston VA as an Assistant Sports Coordinator at the Chickahominy YMCA. He has over 20 years' experience in the field.

Damon lives in Raleigh, NC with his wife Jacqueline. In his spare time, he loves spending time with his wife, children, watching wrestling, working out, and now has a new love for grilling outside on beautiful days.

PARKS & GREENWAYS

PLACES TO PLAY

From our flagship park to the smaller neighborhood parks, Wake Forest offers a wide range of places to explore and enjoy the great outdoors.

E. Carroll Joyner Park

701 Harris Rd.
919-435-9560
HOURS: dawn to dusk



E. Carroll Joyner Park is one of the community's most treasured resources. With 117 acres of sweeping lawns, restored farm buildings and three miles of paved trails, the park is a beautiful setting for public and private events. A magnificent pecan grove offers shade underneath its canopy for picnics. The 1000-seat amphitheater provides the perfect setting for large performances including the "Six Sundays in Spring" concert series. A smaller performance garden offers an intimate venue for weddings, storytelling and music workshops. Leashed dogs are welcome to enjoy the trails. Amidst the beautiful scenery is the new Joyner Park Community Center and outdoor playground.

RENT THIS SITE	Deposit	Rates	Availability
Amphitheater	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk; dawn to dusk
Performance Garden	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$75-\$800 <i>See website for details</i>	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk; dawn to dusk
Open Space, Picnic Shelters & Greenways	\$50 <i>individual</i> \$150 <i>business</i>	Rental rates range from \$15/hr-\$150/hr <i>2-hr min</i> <i>See website for details</i>	<i>Daily</i> dawn to dusk



J. B. Flaherty Park

1226 N. White St.
919-554-6726
HOURS: dawn to dusk

Flaherty Park is a 100-acre facility that includes lighted ball fields, a playground, two stocked ponds, a dog park, tennis courts, pickleball courts and a community center. *See page 9 for center information.*



FLAHERTY DOG PARK Flaherty Dog Park provides a place for dog owners to let their pets run free safely and legally without a leash. The park is approximately two acres in size and is located adjacent to the Flaherty Park baseball and softball fields. The fenced park is divided into two sections: one for small dogs, one for large dogs. Water stations, picnic tables and a pet waste clean-up station are available.

RENT THIS SITE	Deposit	Rate	Availability
Open Space	\$50 <i>individual</i> \$150 <i>business</i>	Rental rates range from \$15/hr-\$150/hr <i>2-hr min</i> <i>See website for details</i>	<i>Daily</i> dawn to dusk
Athletic Field(s)	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to</i> <i>PRCR/league</i> <i>schedules</i>

See page 9 for Flaherty Park Community Center rental information

Holding Park

133 W. Owen Ave.
919-435-9560
PARK HOURS: dawn to dusk

Holding Park is a five-acre site that features a large playground, basketball courts, picnic tables, the Wake Forest Community House and the new Holding Park Aquatic Center. The aquatic center includes a six-lane, 25-yard lap pool, two water slides with plunge pool and a children's pool with water play.



RENT THIS SITE	Deposit	Rate	Availability
Athletic Field	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to</i> <i>PRCR/league</i> <i>schedules</i>

See page 8 for Wake Forest Community House rental information





PARKS																
	Acres	Amphitheater	Baseball/ Softball Field	Basketball Court	Community Center	Dog Park	Fitness Equipment (outdoor)	Flower Garden	Greenway	Grill	Open Space	Pickleball Court	Picnic Shelter	Picnic Tables	Playground	Pond
Ailey Young Park 800 Juniper Ave.	15		●	●						●			●	●	●	●
DuBois Park 518 N. Franklin St.	0.4			●											●	
E. Carroll Joyner Park 701 Harris Rd.	117	●		●	●		●	●	●	●	●	●	●	●	●	●
H.L. Miller Park 401 Elm Ave.	2							●						●		
Heritage High Park* 1140 Forestville Rd.	25		●	●				●								●
Holding Park 133 W. Owen Ave.	5		●	●	●				●	●			●	●		●
J.B. Flaherty Park 1226 N. White St.	100		●	●	●	●	●	●	●	●	●	●	●	●	●	●
Kiwanis Park 400 E. Holding Ave.	1							●					●	●	●	
Plummer Park 965 Jones Wynd	0.5												●	●	●	
Smith Creek Soccer Center 690 Heritage Lake Rd.	17						●	●	●				●	●	●	●
Taylor Street Park 416 N. Taylor St.	1.5			●				●		●			●	●	●	●
Tyler Run Park 830 Pineview Dr.	9		●	●			●	●					●	●		

*Heritage High School park facilities are open to the public after 6 pm on weekdays and dawn to dusk on weekends.

Adopt-a-Trail Program

Would you like to play a role in the betterment of your community? Volunteers are invited to help in the beautification of our greenway trails. The Adopt-a-Trail Program is designed to promote civic responsibility and community pride.

Community organizations, individuals, families, and business are encouraged to adopt a specific length or neighborhood of trails, keeping them clear of weeds and debris for one year. Volunteers are also invited to initiate and participate in a number of enhancement projects designed to improve the aesthetics or functionality of the Town's greenways.

For more information visit wakeforestnc.gov and search "adopt a trail."



Download the Town of Wake Forest app

Download the free Town of Wake Forest app to access maps to the parks directly from your smartphone. Receive time-sensitive news messages. Enjoy instant access to popular community events. Search for "Town of Wake Forest" on iTunes, in the iPhone app store or in Google Play.



GREENWAYS			
	Paved (P), Soft Trail (S)	Fitness Equipment	Length in Miles
E. Carroll Joyner Park 701 Harris Rd.	P	●	3.0 mi.
Dunn Creek Greenway 690 Heritage Lake Rd.	P		1.3 mi.
H.L. Miller Park 401 Elm Ave.	P		0.4 mi.
J.B. Flaherty Park 1226 N. White St.	P	●	0.25 mi.
Kiwanis Greenway 706 S. Franklin St.	P		0.25 mi.
Richland Creek Olde Mill Stream Greenway 901 Barnford Mill Rd.	P		0.45 mi.
Sanford Creek Heritage South Greenway	P	●	3.93 mi.
Smith Creek Burlington Mills Greenway 2912 Burlington Mills Rd.	P		1.15 mi.
Smith Creek Soccer Center 690 Heritage Lake Rd.	P	●	2.42 mi.
Tyler Run Park 830 Pineview Dr.	P	●	0.12 mi.
Wake Forest Reservoir Traditions Grande Blvd.	S		1.6 mi.

Park & Trail Rules

- Parks and greenways are open daily dawn to dusk.
- Smoking is limited to parking areas only.
- Alcoholic beverages are prohibited.
- Use of personal grills (gas or charcoal) is prohibited.
- Motorized vehicles are not permitted.
- Please lock vehicle doors and windows, and do not leave valuables visible.

Trail Safety Tips

- Remain on the right side of the trail except when passing.
- Bicyclists and skaters must always yield the right of way to pedestrians.
- Greenway patrons are encouraged to walk or jog with a friend.

Athletic Fields

Baseball/softball fields are located at Ailey Young Park, J.B. Flaherty Park, R.H. Forrest Field, Heritage High School and Tyler Run Park.

Soccer fields are located at Heritage High School and Smith Creek Soccer Center. See pages 5-7 for park locations and list of amenities.

FIELD INFORMATION: 919-435-9560

RENT THIS SITE	Deposit	Rates	Availability
Athletic Field	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to PRCR/league schedules</i>

Wake Forest Reservoir

Located off of Traditions Grande Boulevard, the Wake Forest Reservoir is open for paddle and electric powered boats. A small concrete boat ramp is adjacent to the parking area. Hikers can explore the 1.6 mile trail which follows the west bank of the lake.



Wake Forest's community centers are gathering spots for

Alston-Massenburg Center

416 N. Taylor St. | 919-554-6189
HOURS: Mon-Fri 12 pm-8 pm; Sat 8 am-4 pm; Sun 1-5 pm
AMENITIES: Large meeting room with a stage, theater curtains and kitchen. The center adjoins Taylor Street Park which has a playground, picnic shelter and sprayground.



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Large Meeting Room	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	Sat & Sun only: 8:00 am-3:00 pm; 5:00 pm-midnight; 8:00 am-midnight	24 tables 125 chairs available

Compare Amenities	Available for Rent	Class/Program Room	Dance Studio	Fitness Equipment	Game Room	Gymnasium	Indoor Walking Track	Kitchen	Locker Rooms/Shower	Meeting Room	Performance Stage	Pickleball Court	Swimming Pool
COMMUNITY CENTERS & FACILITIES													
Alston-Massenburg Center 416 N. Taylor St.	●	●						●		●	●		
Flaherty Park Community Center 1226 N. White St.	●	●			●	●		●		●		●	
Holding Park Aquatic Center 133 W. Owen Ave.													●
Joyner Park Community Center 701 Harris Road	●	●	●	●		●	●	●	●	●		●	
Wake Forest Community House 133 W. Owen Ave.	●							●		●			
Wake Forest Renaissance Centre 405 S. Brooks St.	●	●								●	●		

Wake Forest Community House

133 W. Owen Ave. | 919-435-9560
HOURS: Open for scheduled programs and private rentals
AMENITIES: The Wake Forest Community House was built in 1942 by the Works Progress Administration. It now serves as a charming site for reunions, receptions and park programs. The Community House includes a kitchen and adjoins the Holding Park Aquatic Center and playground. To rent the Community House, call 919-435-9560 or visit the PRCR office at Joyner Park Community Center.



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Main Floor	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	Fri, Sat & Sun 8:00 am-3:00 pm; 5:00 pm-midnight; 8:00 am-midnight	27 tables 170 chairs available



Getting married?
Consider renting a town facility for your special day.

COMMUNITY CENTERS

AND RENTAL FACILITIES

fun and recreation – the perfect location for your next special event.

Joyner Park
Community Center

701 Harris Road | 919-435-9560

HOURS: Mon-Fri 6 am-10 pm;
Sat 8 am-4 pm; Sun 1-5 pm

AMENITIES: Gymnasium, indoor walk-
ing track, cardio equipment, dance
studio, meeting rooms, kitchen,
locker rooms and showers

OPEN PLAY: Gymnasium available for open play basketball, volleyball and pickleball.
Check the website for monthly open play schedules: wakeforestnc.gov, search
"Joyner Park Community Center."



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$150 <i>individual</i> \$350 <i>business</i>	Rates range from \$75/hr- \$300/hr <i>Two hour minimum.</i> <i>See website for details</i>	Sat & Sun <i>only</i>	Fits 522 chairs or 300 chairs plus tables*
Kitchen	–	Add-on fees range from \$35-\$150	Daily	–
Multipurpose Room (entire room)	\$150 <i>individual</i> \$350 <i>business</i>	Rates range from \$25/hr- \$100/hr <i>Two hour minimum.</i> <i>See website for details</i>	Mon-Fri	86 chairs, 16 tables available
Multipurpose Room (entire room)	\$150 <i>individual</i> \$350 <i>business</i>	Rates range from \$35/hr- \$160/hr <i>Two hour minimum.</i> <i>See website for details</i>	Sat & Sun	86 chairs, 16 tables available
Supervisory Fee for After- hours	–	\$15/hr <i>Mon-Fri 10 pm-midnight,</i> <i>Sat 4 pm-midnight,</i> <i>Sun 8 am-1 pm, 5 pm-</i> <i>midnight</i>	Daily	–

**Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.*

Flaherty Park Community
Center

1226 N. White St. | 919-554-6726

HOURS: Mon-Fri 8 am-10 pm;
Sat 8 am-4 pm; Sun 1-5 pm

AMENITIES: Gymnasium, arts & crafts room,
game room, meeting room with adjoining kitchen

OPEN PLAY: Gymnasium available for open play basketball, volleyball and pickleball.
Check the website for monthly open play schedules: wakeforestnc.gov, search
"Flaherty Park."



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$150 <i>individual</i> \$350 <i>business</i>	Rates range from \$75/hr- \$300/hr <i>Two hour minimum.</i> <i>See website for details</i>	Sat & Sun <i>only</i>	Fits 550 chairs or 330 chairs plus tables*
Meeting Room	\$150 <i>individual</i> \$350 <i>business</i>	Rates range from \$40/hr- \$160/hr <i>Two hour minimum.</i> <i>See website for details</i>	Sat & Sun <i>only</i>	4 tables 20 chairs available
Open Space	\$50 <i>individual</i> \$150 <i>business</i>	Rates range from \$15/hr- \$150/hr <i>Two hour minimum. See</i> <i>website for details</i>	Daily	–

**Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.*

Wake Forest Renaissance Centre for the Arts

405 S. Brooks St. | 919-435-9458 | Event Hotline: 919-435-9428

Arts Annex: 407 S. Brooks St.

The Wake Forest Renaissance Centre for the Arts is a multi-purpose facility providing visual and performing arts programming for people of all ages, while also serving as a popular venue for a variety of community events.

AMENITIES: Grand hall, performance
stage, meeting rooms, food staging area, dressing room

RENTAL INFORMATION: The Renaissance Centre and Arts Annex are available for meet-
ings, weddings, performances and other special events. For rental fees and further
information, visit wakeforestrencen.org or call 919-435-9458.



PRESCHOOL

PROGRAMS & CLASSES



Art

Toddler Art

Parents and their children will enjoy exploring the world of art through many projects and storytelling adventures. Parent participation required. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	10:00-10:45 am	Sep 30-Oct 21	\$60 \$48 <i>RD</i>	18 mos-3 yrs
Flah Park	Th	10:00-10:45 am	Dec 2-30	\$60 \$48 <i>RD</i>	18 mos-3 yrs

Preschool Art

Participants will explore different themes through hands-on arts and craft projects and a story time with Mr. Moo Monet. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	11:00-12:30 pm	Sep 30-Oct 21	\$67 \$53 <i>RD</i>	ages 3-5
Flah Park	Th	11:00-12:30 pm	Dec 2-30	\$67 \$53 <i>RD</i>	ages 3-5

Storytime Corner & More «NEW!»

Joyner Park Community Center will set the scene for some holiday fun! Each holiday themed program will be filled with a themed story, craft and all-around fun! Sign your little one up today and don't miss out on the holiday fun! **INSTRUCTOR:** JPCC Staff

JPCC	Tu	10:00-11:00 am	Oct 26	<i>Pumpkin Play Date</i>	\$9 \$7 <i>RD</i>	ages 3-5
JPCC	Th	10:00-11:00 am	Nov 18	<i>Turkey Time</i>	\$7 \$5 <i>RD</i>	ages 3-5
JPCC	Tu	10:00-11:00 am	Dec 14	<i>How to Catch an Elf</i>	\$7 \$5 <i>RD</i>	ages 3-5
JPCC	Th	10:00-11:00 am	Feb 10	<i>Valentine Fun</i>	\$9 \$7 <i>RD</i>	ages 3-5

Music

Broadway Babes

Broadway bound boys and girls join us to explore music with a music theater spin! Your little performer will love learning all aspects of music while developing their dancing and acting skills. While we focus on having fun, your preschooler will build their ability to keep rhythm, move to music, express moods, recall choreography, and confidently sing to a wide variety of music, including showtunes! **INSTRUCTOR:** Amanda Bachand

JPCC	Th	4:15-4:45 pm	Sep 23-Oct 7	\$30 \$24 <i>RD</i>	ages 3-5
JPCC	Th	4:15-4:45 pm	Feb 3-24	\$38 \$30 <i>RD</i>	ages 3-5

Musical Makers and Movers

Get ready to sing and dance! Your school-aged performer will confidently demonstrate their musical talent as we explore music's connections to dance and acting. This is the perfect class for a Broadway enthusiast or anyone who just loves to sing and dance. **INSTRUCTOR:** Amanda Bachand

Flah Park	Th	4:00-4:30 pm	Oct 28-Dec 9*	\$44 \$35 <i>RD</i>	ages 5-9
-----------	----	--------------	---------------	-----------------------	----------

*No class Nov 11, 25

Dance

Mini Tutu Toddlers

Join us for a toddler introduction to the magic of ballet by exploring enchanted worlds of fairies, princesses, and sugar plums. Your little ballerina will learn ballet characters and their classical music through creative movement and exercising imagination. Toddlers will learn spatial awareness, musical rhythms, and following directions all while having fun! **REQUIREMENTS:** Comfortable, easy to move in clothing and ballet shoes. Tutus recommended. **INSTRUCTOR:** Caroline Steffen

WFCH	M	9:00-9:30 am	Sep 13-Oct 4	\$50 \$40 <i>RD</i>	ages 2-3
WFCH	Tu	9:00-9:30 am	Sep 14-Oct 5	\$50 \$40 <i>RD</i>	ages 2-3
WFCH	Tu	9:00-9:30 am	Oct 12-Nov 2	\$50 \$40 <i>RD</i>	ages 2-3
WFCH	M	9:00-9:30 am	Oct 18-Nov 8	\$50 \$40 <i>RD</i>	ages 2-3
WFCH	Tu	9:00-9:30 am	Nov 9-Dec 7*	\$50 \$40 <i>RD</i>	ages 2-3
WFCH	M	9:00-9:30 am	Nov 15-Dec 13*	\$50 \$40 <i>RD</i>	ages 2-3

*No class Nov 22-23

Magical Ballerinas

Join us for a preschool level introduction to the magic of ballet by exploring enchanted worlds of fairies, princesses, and sugar plums. Your little ballerina will learn ballet characters and their classical music through creative movement and exercising imagination. Preschoolers will learn spatial awareness, musical rhythms, and following directions all while having fun! **REQUIREMENTS:** Comfortable, easy to move in clothing and ballet shoes. Tutus recommended. **INSTRUCTOR:** Caroline Steffen

WFCH	M	9:45-10:15 am	Sep 13-Oct 4	\$50 \$40 <i>RD</i>	ages 3-4
WFCH	Tu	9:45-10:15 am	Sep 14-Oct 5	\$50 \$40 <i>RD</i>	ages 3-4
WFCH	Tu	9:45-10:15 am	Oct 12-Nov 2	\$50 \$40 <i>RD</i>	ages 3-4
WFCH	M	9:45-10:15 am	Oct 18-Nov 8	\$50 \$40 <i>RD</i>	ages 3-4
WFCH	Tu	9:45-10:15 am	Nov 9-Dec 7*	\$50 \$40 <i>RD</i>	ages 3-4
WFCH	M	9:45-10:15 am	Nov 15-Dec 13*	\$50 \$40 <i>RD</i>	ages 3-4

*No class Nov 22-23

Mini Prima Ballerinas

Join us for an advanced preschool/elementary school level introduction to the magic of ballet by exploring enchanted worlds of fairies, princesses, and sugar plums. Your little ballerina will learn ballet characters and their classical music through creative movement and exercising imagination. Ballerinas will learn spatial awareness, musical rhythms, and following directions all while having fun! **REQUIREMENTS:** Comfortable, easy to move in clothing and ballet shoes. Tutus recommended. **INSTRUCTOR:** Caroline Steffen

WFCH	M	10:30-11:00 am	Sep 13-Oct 4	\$50 \$40 <i>RD</i>	ages 4-7
WFCH	Tu	10:30-11:00 am	Sep 14-Oct 5	\$50 \$40 <i>RD</i>	ages 4-7
WFCH	Tu	10:30-11:00 am	Oct 12-Nov 2	\$50 \$40 <i>RD</i>	ages 4-7
WFCH	M	10:30-11:00 am	Oct 18-Nov 8	\$50 \$40 <i>RD</i>	ages 4-7
WFCH	Tu	10:30-11:00 am	Nov 9-Dec 7*	\$50 \$40 <i>RD</i>	ages 4-7
WFCH	M	10:30-11:00 am	Nov 15-Dec 13*	\$50 \$40 <i>RD</i>	ages 4-7

*No class Nov 22-23

Dance 4 Tots I

Your little one will be on their tiny feet in no time, all while learning ballet, tap, music and creative movement. Movement exploration will teach the difference from left and right, how to balance, hop, skip, and jump. Additionally, they will learn coordination skills through dances to music. **REQUIREMENTS:** Girls: leotard, tights, tutu or skirt, pink ballet shoes, hair pulled up and out of face. Boys: White tee shirt, black dance pants, compression pants, sweat pants, and black ballet shoes, tap shoes. Jazz shoes may be purchased or go barefoot. **INSTRUCTOR:** Monet Dance Performing Arts Studio

JPCC	W	5:20-5:50 pm	Sep 8-Oct 13	\$63 \$50 <i>RD</i>	ages 2-3
JPCC	Sa	9:00-9:30 am	Sep 11-Oct 16	\$63 \$50 <i>RD</i>	ages 2-3
JPCC	W	5:20-5:50 pm	Oct 27-Dec 15*	\$63 \$50 <i>RD</i>	ages 2-3
JPCC	Sa	9:00-9:30 am	Oct 30-Dec 18*	\$63 \$50 <i>RD</i>	ages 2-3
JPCC	W	5:20-5:50 pm	Jan 12-Feb 16	\$63 \$50 <i>RD</i>	ages 2-3
JPCC	Sa	9:00-9:30 am	Jan 15-Feb 19	\$63 \$50 <i>RD</i>	ages 2-3

*No class Nov 10, 13, 24, 27



Dance 4 Tots II

Is your dancer ready for a more age-appropriate challenge? Well, this next-level dance class will have your little one on their tiny feet in no time! They will learn ballet, tap, music, and creative movement weekly. They will explore movements that teach them the difference between their left and right, how to balance, hop, skip, and jump. Additionally, they will learn coordination skills through dances to music. **REQUIREMENTS:** Girls: leotard, tights, tutu or skirt, pink ballet shoes, hair pulled up and out of the face. Boys: White tee shirt, black dance pants, compression pants, sweat pants, and black ballet shoes, tap shoes. Jazz shoes may be purchased or go barefoot. **INSTRUCTOR:** Monet Dance Performing Arts Studio

AMC	Th	5:30–6:00 pm	Sep 9–Oct 14	\$63 \$50 RD	ages 4–6
JPCC	Sa	9:40–10:10 am	Sep 11–Oct 16	\$63 \$50 RD	ages 4–6
AMC	Th	5:30–6:00 pm	Oct 28–Dec 16*	\$63 \$50 RD	ages 4–6
JPCC	Sa	9:40–10:10 am	Oct 30–Dec 18*	\$63 \$50 RD	ages 4–6
AMC	Th	5:30–6:00 pm	Jan 13–Feb 17	\$63 \$50 RD	ages 4–6
JPCC	Sa	9:40–10:10 am	Jan 15–Feb 19	\$63 \$50 RD	ages 4–6

*No class Nov 11, 13, 25, 27



Performance Dance 4 Tots

This technical and foundational building class will include skills from the Dance 4 Tots class, however, prior experience is not required. The class will build upon each other in six-week sessions. Students will participate in shows, parades, and end of year recitals. Additional costume and recital fees are required and non-refundable. Seasonal consistency in 2-3 of six-week class sessions is a requirement to perform. Students will learn ballet, tap, music, and creative movement on a weekly basis. Movement exploration will help teach the difference between left and right, how to balance, hop, skip and jump. **REQUIREMENTS:** Girls: leotard, tights, tutu or skirt, pink ballet shoes, hair pulled up and out of their face. Boys: White teeshirt, black dance pants, compression pants, sweat pants, and black ballet shoes, tap shoes. Jazz shoes may be purchased or go barefoot. **INSTRUCTOR:** Monet Dance Performing Arts Studio

AMC	Tu	6:00–6:30 pm	Sep 7–Oct 12	\$69 \$55 RD	ages 3–6
JPCC	W	6:40–7:10 pm	Sep 8–Oct 13	\$69 \$55 RD	ages 3–6
AMC	Tu	6:00–6:30 pm	Oct 26–Dec 14	\$69 \$55 RD	ages 3–6
JPCC	W	6:40–7:10 pm	Oct 27–Dec 15*	\$69 \$55 RD	ages 3–6
AMC	Tu	6:00–6:30 pm	Jan 11–Feb 15	\$69 \$55 RD	ages 3–6
JPCC	W	6:40–7:10 pm	Jan 12–Feb 16	\$69 \$55 RD	ages 3–6

*No class Nov 10, 24
**Easy Pay options: register for 2 sessions=5% discount, 3 sessions=10% discount

Mini Ballroom NEW!

Launch your little one into the world of International Ballroom and Latin dancing. We will focus on an all-encompassing introduction to popular dance steps such as cha-cha and waltz, body control work such as balance and understanding direction, creativity, expression through music, and group work. **INSTRUCTOR:** Maria Kordit

JPCC	Tu	6:00–7:00 pm	Aug 31–Sep 28*	\$69 \$55 RD	ages 4–8
JPCC	Tu	6:00–7:00 pm	Oct 5–26	\$69 \$55 RD	ages 4–8
JPCC	Tu	6:00–7:00 pm	Nov 2–23	\$69 \$55 RD	ages 4–8
JPCC	Tu	6:00–7:00 pm	Nov 30–Dec 21	\$69 \$55 RD	ages 4–8
JPCC	Tu	6:00–7:00 pm	Jan 4–25	\$69 \$55 RD	ages 4–8
JPCC	Tu	6:00–7:00 pm	Feb 1–22	\$69 \$55 RD	ages 4–8

*No class Sep 14



Basic Balance Tots ◀NEW!▶

Your little one will love this introduction class to gymnastics. Your student will explore the basics of gymnastics. They will learn coordination, balance, muscle development, and proper alignment with all-around physical fitness in a fun and safe environment. The basic gymnastics skills introduced include tumbling and balance beam. **REQUIREMENTS:** Leotard and biker shorts. Bare feet. **INSTRUCTOR:** Monet Dance Performing Arts Studio

AMC	Tu	5:20-5:50 pm	Sep 7-Oct 12	\$63 \$50 <i>RD</i>	ages 2-4
AMC	Tu	5:20-5:50 pm	Oct 26-Dec 14	\$63 \$50 <i>RD</i>	ages 2-4
AMC	Tu	5:20-5:50 pm	Jan 11-Feb 15	\$63 \$50 <i>RD</i>	ages 2-4

Sports and Fitness

Preschool Hoops

SWISH! Begin to develop your little ballers' skills in this fun and exciting basketball class. Participants will be taught the basics and FUNDamentals of basketball including dribbling, passing, shooting, and defense. Educated by former professional basketball player JJ Miller, this is an opportunity you can't miss! **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

Flah Park	Sa	9:00-9:45 am	Sep 4-25	\$75 \$60 <i>RD</i>	ages 3-5
-----------	----	--------------	----------	-----------------------	----------

Kidokinetics Sports & Fitness (with caregiver)

Move, stretch and build confidence together while learning fundamental gross motor and sports skills. Engaging children in active play encourages a positive attitude towards active play and physical activity. Benefits include increased social stimulation, improved muscle strength and coordination and dedicated play time with your child! Activities include a variety of age appropriate sports, games and activities. **INSTRUCTOR:** Kidokinetics

JPCC	F	10:00-10:45 am	Sep 17	free demo*	ages 2-5
JPCC	F	10:00-10:45 am	Sep 24-Oct 15	\$50 \$40 <i>RD</i>	ages 2-5
JPCC	F	10:00-10:45 am	Oct 29-Nov 19	\$50 \$40 <i>RD</i>	ages 2-5
JPCC	F	10:00-10:45 am	Dec 3-17	\$38 \$30 <i>RD</i>	ages 2-5
JPCC	F	10:00-10:45 am	Jan 7-28	\$50 \$40 <i>RD</i>	ages 2-5

*Pre-registration required

Kidokinetics Preschool Sports & Fitness

Designed for kids who are ready to get moving on sports FUNDamentals! Through a variety of sports, activities and games, we focus on basic gross motor skills such as throwing, catching, kicking, jumping and running and offer an introduction to sports such as baseball, football, hockey, basketball, and many more. Classes enhance balance, coordination and muscle tone while developing good play and social skills. Our program is non-competitive. **INSTRUCTOR:** Kidokinetics

JPCC	Tu	3:30-4:15 pm	Sep 14	free demo*	ages 3-5
JPCC	Tu	3:30-4:15 pm	Sep 21-Oct 12	\$50 \$40 <i>RD</i>	ages 3-5
JPCC	Tu	3:30-4:15 pm	Oct 26-Nov 16	\$50 \$40 <i>RD</i>	ages 3-5
JPCC	Tu	3:30-4:15 pm	Nov 30-Dec 14	\$38 \$30 <i>RD</i>	ages 3-5
JPCC	Tu	3:30-4:15 pm	Jan 4-25	\$50 \$40 <i>RD</i>	ages 3-5

*Pre-registration required

Kidokinetics Lil' Tumblers ◀NEW!▶

Kidokinetics Lil' Tumblers is an introduction to the basics of gymnastics in an energetic and fun class setting! Through games, music, obstacle courses and skill stations, preschoolers will work on developing the gross motor skills associated with gymnastics, including movements designed to improve strength, balance, agility and flexibility. Watching, listening, and following instructions are emphasized. **INSTRUCTOR:** Kidokinetics

JPCC	F	11:00-11:45 am	Sep 17	free demo*	ages 3-5
JPCC	F	11:00-11:45 am	Sep 24-Oct 15	\$50 \$40 <i>RD</i>	ages 3-5
JPCC	F	11:00-11:45 am	Oct 29-Nov 19	\$50 \$40 <i>RD</i>	ages 3-5
JPCC	F	11:00-11:45 am	Dec 3-17	\$38 \$30 <i>RD</i>	ages 3-5
JPCC	F	11:00-11:45 am	Jan 7-28	\$50 \$40 <i>RD</i>	ages 3-5

*Pre-registration required



PRESCHOOL

Open Play

Preschool Sensory Gym

Bring your little one for play time and have a chance to make new friends! We will provide a safe, accepting, and playful environment filled with fun educational and therapeutic toys to play with. No instruction or supervision will be provided. Parents/ caregivers are required to stay with their child.

Flah Park	M	11:00 am-12:00 pm	ongoing*	free	18 mos-5 yrs
-----------	---	-------------------	----------	------	--------------

*Please check website for most current open play calendar

Preschool Open Gym

Watching a rambunctious little rascal can really tire a parent out. Why not let your energetic tyke play with others while you both make some new friends? We will provide plenty of things to play with and climb in, around and over. No instruction or supervision will be provided and parents/caregivers are required to stay with their child.

Flah Park	M	11:00 am-1:30 pm	ongoing*	free	18 mos-5 yrs
Flah Park	Th	8:00-10:00 am	ongoing*	free	18 mos-5 yrs

*Please check website for most current open play calendar

Martial Arts

Little Lions Taekwondo

Our exciting program for kids will develop your child's focus, self-esteem, self-confidence, and overall sense of purpose! Little Lions opens the door by introducing participants to important life skills such as, focus, teamwork, and memory through fun and motivational training. Additional \$50 fee paid to instructor for uniform and t-shirt at first class. **INSTRUCTOR:** CORE Taekwondo Performance

JPCC	Th	5:30-6:00 pm	Sep 16-Oct 7	\$69 \$55 RD	ages 2-6
JPCC	Th	5:30-6:00 pm	Oct 14-Nov 11*	\$69 \$55 RD	ages 2-6
JPCC	Th	5:30-6:00 pm	Nov 18-Dec 16*	\$69 \$55 RD	ages 2-6
JPCC	Th	5:30-6:00 pm	Jan 6-27	\$69 \$55 RD	ages 2-6
JPCC	Th	5:30-6:00 pm	Feb 3-24	\$69 \$55 RD	ages 2-6

*No class Oct 21, Nov 25

Education

Parent & Me Preschool Prep

With parent participation, your child will become preschool ready! With a blend of literacy, art, hands-on activities, all while they learn their letters, colors, shapes, music, and more! Themes will change weekly and include a variety of topics such as dinosaurs,

bugs, zoo, etc., that will surely peak your child's interest. **INSTRUCTOR:** Shirley Coltrane

JPCC	F	10:00-10:45 am	Oct 1-29	\$94 \$75 RD	ages 2-5
JPCC	F	10:00-10:45 am	Nov 5-Dec 10*	\$94 \$75 RD	ages 2-5
JPCC	F	10:00-10:45 am	Jan 7-Feb 4	\$94 \$75 RD	ages 2-5

*No class Nov 26

Kindercooks with Books

Kids will have a tale to tell after enjoying storybook time then diving into the kitchen. From cookies to donuts, your aspiring chefs will not want to miss this book-themed cooking extravaganza! Parent participation is required. **INSTRUCTOR:** Shirley Coltrane

JPCC	Sa	9:30-11:00 am	Sep 18	<i>If You Give a Mouse a Cookie</i>	\$44 \$35 RD	ages 3-7
JPCC	Sa	9:30-11:00 am	Oct 16	<i>If You Give a Moose a Muffin</i>	\$44 \$35 RD	ages 3-7
JPCC	Sa	9:30-11:00 am	Nov 20	<i>If You Give a Pig a Pancake</i>	\$44 \$35 RD	ages 3-7
JPCC	Sa	9:30-11:00 am	Jan 15	<i>If You Give a Dog a Donut</i>	\$44 \$35 RD	ages 3-7
JPCC	Sa	9:30-11:00 am	Feb 19	<i>If You Give a Cat a Cupcake</i>	\$44 \$35 RD	ages 3-7

Buggy for Bugs!

Do your kids love bugs? Squishy ones, long ones, small ones, colorful ones? Well then this class is the one for them! They will love exploring all about bugs, learning insect facts, creating crafts, and even doing some science experiments! We will use author and illustrator, Eric Carle's amazing books to guide us through the insect world. Come join us on our buggy adventure! **INSTRUCTOR:** Shirley Coltrane

JPCC	Sa	9:30-11:00 am	Oct 9	<i>The Very Hungry Caterpillar</i>	\$38 \$30 RD	ages 3-7
JPCC	Sa	9:30-11:00 am	Nov 6	<i>The Very Busy Spider</i>	\$38 \$30 RD	ages 3-7
JPCC	Sa	9:30-11:00 am	Dec 4	<i>The Grouchy Ladybug</i>	\$38 \$30 RD	ages 3-7
JPCC	Sa	9:30-11:00 am	Jan 8	<i>The Very Quiet Cricket</i>	\$38 \$30 RD	ages 3-7
JPCC	Sa	9:30-11:00 am	Feb 26	<i>The Very Lonely Firefly</i>	\$38 \$30 RD	ages 3-7

YOUTH

PROGRAMS & CLASSES



Art

Youth Drawing & Painting

New students will start by drawing, learning shape, value, and shading. Afterwards, student may paint or continue drawing. Returning students can choose their media: acrylics, watercolors, pencils, and ink. Will work with a variety of subject matters. Materials supplied by student. **INSTRUCTOR:** Mary Benejam

Flah Park	W	1:00-2:30 pm	Aug 11-Sep 8	\$68 \$54 RD	ages 10-16
Flah Park	W	1:00-2:30 pm	Sep 22-Oct 27*	\$68 \$54 RD	ages 10-16
Flah Park	W	1:00-2:30 pm	Nov 10-Dec 15*	\$68 \$54 RD	ages 10-16
Flah Park	W	1:00-2:30 pm	Jan 12-Feb 16	\$82 \$65 RD	ages 10-16

*No class Oct 13, Nov 24

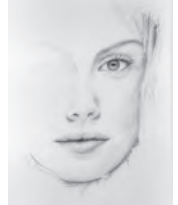
Fundamentals of Anime Drawing **«NEW!»**

This six-week class will teach students about the history of anime, as well as how to design and paint their own anime character. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	4:30-6:00 pm	Sep 30-Nov 4	\$125 \$100 RD	ages 10-15
-----------	----	--------------	--------------	-------------------------	------------

Improve Your Drawing

Learn some basic drawing skills including visualization, pencil techniques, creating perspective and depth, and composition. The instructor will provide references and do short demos to get everyone going. The focus? Skills and fun! **INSTRUCTOR:** Suzanne Hetzel, TWSA, PWS, IWS



Ren Ctr	Th	7:00-8:30 pm	Sep 30-Nov 4	\$120	ages 16+
---------	----	--------------	--------------	-------	----------

Introduction to Scratchboard Art Workshop

You will learn about designing and transferring designs onto a scratchboard. You will also learn different scratchboard techniques and how to use different tools. If time permits, inking will be introduced. You will get a small practice board and will do a 5x7 picture of a small animal. You are encouraged to bring a photo to work from. **INSTRUCTOR:** Sally Terrell, Havenhill Studios

Ren Ctr	Su	1:00-3:00 pm	Sep 26	\$60	ages 15+
---------	----	--------------	--------	------	----------

Creating Characters for Comics, Anime and Illustration

Have you ever wondered how to create and draw a character consistently? How do I make their actions interesting? How do I make them more expressive? Learn how to break down character design and create your very own characters and their adventures! **INSTRUCTOR:** Indigo Lamb

Ren Ctr	Tu	4:00-5:30 pm	Oct 19-Dec 21	\$160	ages 12-18
---------	----	--------------	---------------	-------	------------

Create with Me Series

Create With Me is an art exploration series with professional artist, Sara Roberts. You will learn how to make foam prints, cynotypes, watercolor resist, watercolor masking, paper pulp painting, paper quilling, and handbuilding with polymer clay. You will walk through processes with guided instruction and then have the freedom to play with the mediums to create what you want. This is the perfect class to try out many different processes and have a lot of fun! **INSTRUCTOR:** Sara Roberts, artist and arts educator

Ren Ctr	Sa	11:00 am-12:00 pm	Sep 4, 11, 25, Oct 2, 23, 30, Nov 20, Dec 18	\$280 full series*	ages 8-14
Ren Ctr	Sa	11:00 am-12:00 pm	Jan 8, 22, Feb 12, 19, Mar 19, 26, April 2, 9	\$280 full series*	ages 8-14

*Single class virtual drop-in fee \$25

Create with Me: Santa's Secret Workshop

Here is your chance to make a handmade surprise for Mom, Dad or the loved one of your choice. Choose, create and wrap your gift ready to give that special person.

INSTRUCTOR: Sara Roberts, artist and arts educator

Ren Ctr	Sa	10:00 am-12:00 pm	Nov 6	\$20*	ages 5-8
---------	----	-------------------	-------	-------	----------

**Includes all materials*

Billions of Beads

Join me for this 2-hour class in which we'll learn all about beads! We'll examine what beads have been made from since 100,000 BCE, and how they've been used. We'll play with color, pattern, and design, and make at least two projects you may keep and wear or give as gifts. (I won't tell anyone this is history, math, and science if YOU don't!)

INSTRUCTOR: Judy Council



Ren Ctr	Sa	10:00 am-12:00 pm	Feb 26	\$30	ages 10-18
---------	----	-------------------	--------	------	------------

Choir

Wake Forest Children's Choir (2021-2022)

The mission of the Wake Forest Community Children's Choirs is to provide an opportunity for young singers to learn a wide variety of high-quality choral repertoire, both sacred and secular, and to share it with our community. We are committed to having a membership that is open to all children and youth of all racial, cultural, religious, and economic backgrounds. All singers of all musical abilities in second through fifth grade are welcome to join us. The concert dates are December 7 and June 7. For more information or to connect with the Director please visit wakeforestyouthchoirs.org.

DIRECTOR: Kasie Brooks

Ren Ctr	Tu	4:30-5:30 pm	Sep 7-Jun 7*	\$290**	grades 2-5
---------	----	--------------	--------------	---------	------------

**No class Nov 23, Apr 12*

***\$190 for additional child from same family*

Wake Forest Youth Choir (2021-2022)

Our mission is to provide an opportunity for young singers in the Wake Forest community to learn a wide variety of high quality choral repertoire, both sacred and secular, and to share it with the community. We are committed to having a membership that is open to singers of all racial, cultural, religious, and economic backgrounds. Concerts December 7 and June 7. For more information visit wakeforestyouthchoirs.org.

DIRECTOR: Kasie Brooks

Ren Ctr	Tu	5:30-6:30 pm	Sep 7-Jun 7*	\$290**	grades 6-9
---------	----	--------------	--------------	---------	------------

**No class Nov 23, Apr 12*

***\$190 for additional child from same family. All materials and choir shirt included.*

Dance

Mini Ballroom <<NEW!>>

Launch your little one into the world of International Ballroom and Latin dancing. We will focus on an all-encompassing introduction to popular dance steps such as cha-cha and waltz, body control work such as balance and understanding direction, creativity, expression through music, and group work. **INSTRUCTOR:** Maria Kordit

JPCC	Tu	6:00-7:00 pm	Aug 31-Sep 28*	\$69 \$55 RD	ages 4-8
JPCC	Tu	6:00-7:00 pm	Oct 5-26	\$69 \$55 RD	ages 4-8
JPCC	Tu	6:00-7:00 pm	Nov 2-23	\$69 \$55 RD	ages 4-8
JPCC	Tu	6:00-7:00 pm	Nov 30-Dec 21	\$69 \$55 RD	ages 4-8
JPCC	Tu	6:00-7:00 pm	Jan 4-25	\$69 \$55 RD	ages 4-8
JPCC	Tu	6:00-7:00 pm	Feb 1-22	\$69 \$55 RD	ages 4-8

**No class Sep 14*

Performance Creative Combo I

This technical and foundational building class will include skills from the Dance 4 Tots class. However, prior experience is not required. Students will learn ballet, tap, music and creative movement weekly. Movement exploration will help teach the difference between left and right, how to balance, hop, skip and jump. Students will participate in shows, parades, and end of year recitals. Consistent participation is required to perform. Additional costume and recital fees are required and non-refundable.

REQUIREMENTS: Girls: leotard, tights, tutu or skirt, pink ballet shoes, hair pulled up and out of their face. Boys: White tee-shirt, black dance pants, compression pants, sweat pants, and black ballet shoes, tap shoes. Jazz shoes may be purchased or go barefoot. **INSTRUCTOR:** Monet Dance Performing Arts Studio

JPCC	W	8:00-8:45 pm	Sep 8-Oct 13	\$75 \$60 RD	ages 7-10
JPCC	W	8:00-8:45 pm	Oct 27-Dec 15*	\$75 \$60 RD	ages 7-10
JPCC	W	8:00-8:45 pm	Jan 12-Feb 16	\$75 \$60 RD	ages 7-10

**No class Nov 10, 24*

***Easy Pay options: register for 2 sessions=5% discount, 3 sessions=10% discount*



Hip Hop Explosion Beginner

Is your little one always dancing when the radio comes on? Do they enjoy high energy movement? If so, this is a great beginner class to engage in dance choreography that is fun, creative, and energizing. Students will enjoy performing these movements while creating dances that will exhibit today's latest dance moves and music styles. This explosive style of dance varies from pop and rhythmic movements to creative stylish moves done to the latest hip hop, pop, and radio music. **REQUIREMENTS:** Comfortable workout clothes or shorts and tee shirt. Sneakers or jazz/ hip hop shoes.

INSTRUCTOR: Monet Dance Performing Arts Studio

AMC	Tu	6:40-7:10 pm	Sep 7-Oct 12	\$63 \$50 RD	ages 6-9
JPCC	W	6:00-6:30 pm	Sep 8-Oct 13	\$63 \$50 RD	ages 6-9
AMC	Tu	6:40-7:10 pm	Oct 26-Dec 14*	\$63 \$50 RD	ages 6-9
JPCC	W	6:00-6:30 pm	Oct 27-Dec 15*	\$63 \$50 RD	ages 6-9
AMC	Tu	6:40-7:10 pm	Jan 11-Feb 15	\$63 \$50 RD	ages 6-9
JPCC	W	6:00-6:30 pm	Jan 12-Feb 16	\$63 \$50 RD	ages 6-9

*No class Nov 9, 10, 23, 24

Hip Hop Explosion Juniors

Your child will be extremely excited about this energetic class! Through choreography that is fun, creative, and challenging, participants will enjoy performing these movements while creating dances that will exhibit today's latest dance moves and music styles. This explosive style of dance varies from pop and rhythmic movements to creative stylish moves done to the latest hip hop, pop, and radio music.

REQUIREMENTS: Comfortable workout clothes or shorts and tee shirt. Sneakers or jazz/ hiphop shoes. **INSTRUCTOR:** Monet Dance Performing Arts Studio

AMC	Tu	7:20-7:50 pm	Sep 7-Oct 12	\$63 \$50 RD	ages 10-15
JPCC	W	7:20-7:50 pm	Sep 8-Oct 13	\$63 \$50 RD	ages 10-15
AMC	Tu	7:20-7:50 pm	Oct 26-Dec 14*	\$63 \$50 RD	ages 10-15
JPCC	W	7:20-7:50 pm	Oct 27-Dec 15*	\$63 \$50 RD	ages 10-15
AMC	Tu	7:20-7:50 pm	Jan 11-Feb 15	\$63 \$50 RD	ages 10-15
JPCC	W	7:20-7:50 pm	Jan 12-Feb 16	\$63 \$50 RD	ages 10-15

*No class Nov 9, 10, 23, 24



Meet our Staff



Heather Chafin works part-time as a Recreation Supervisor at Joyner Park Community Center.

Heather grew up in Tennessee and Colorado and moved to the Wake Forest area in 2019 from Chicago. She has a Bachelor of Science degree in Psychology and a Master's degree in Education (College Student Affairs and Leadership) from Grand Valley State University. She worked in higher education as an academic advisor for thirteen years before making the decision to branch into recreation. She has a passion and commitment to working in the community and helping others. Heather currently lives in Wake Forest with her husband and three dogs. She is an award-winning photographer and loves to travel!

Performance "Bring It" Majorette Dance

Join this high-energy, synchronized, rhythmic dance-building class that will have you wanting more! The moves and techniques draw from ballet, jazz, modern dance, hip hop, and gymnastics. This movement class challenges your discipline, originality, passion, and teaches you to compete with yourself to become the best dancer! This tailor-designed one-hour class will build the dancer's strength, technique, and stamina throughout each session. Commitment is recommended but not required. Dancers who consistently attend 2-3 of six weeks session will be eligible to perform (additional costume and recital fees will apply and are non-refundable). **REQUIREMENTS:** Comfortable athletic or dance clothes, "Slip-On Jazz Shoe" recommended (not required) or barefoot (bring socks). **INSTRUCTOR:** Monet Performing Arts Studio

AMC	Th	7:45-8:15 pm	Sep 9-Oct 14	\$75 \$60 RD	ages 10-16
AMC	Th	7:45-8:15 pm	Oct 28-Dec 16	\$75 \$60 RD	ages 10-16
AMC	Th	7:45-8:15 pm	Jan 13-Feb 17	\$75 \$60 RD	ages 10-16

*No class Nov 11, 25

**Easy Pay options: register for 2 sessions=5% discount, 3 sessions=10% discount

Youth Ballroom <<NEW!>>

Class sessions will be geared to musicality and learning how to "read" music, fundamental technique, and education of one's body through movement. Benefits in this class vary from building self-confidence, knowing how to socially dance, and appreciating different music genres. **INSTRUCTOR:** Maria Kordit

JPCC	Th	6:00-7:00 pm	Sep 2-30*	\$69 55 RD	ages 9-14
JPCC	Th	6:00-7:00 pm	Oct 7-Nov 4*	\$69 55 RD	ages 9-14
JPCC	Th	6:00-7:00 pm	Nov 18-Dec 16*	\$69 55 RD	ages 9-14
JPCC	Th	6:00-7:00 pm	Jan 6-27	\$69 55 RD	ages 9-14
JPCC	Th	6:00-7:00 pm	Feb 3-24	\$69 55 RD	ages 9-14

*No class Sep 16, Oct 21, Nov 25

Introduction 2 Ballet

This class introduces your student to the wonderful world of ballet. In this class, your child will learn basic ballet positions, barre, across the floor, and the magical history of the ballet. They will explore fun movements, technique, and the beautiful art of the ballet dance expression! **REQUIREMENTS:** Girls: leotard, tights, tutu or skirt recommended, pink ballet shoes, hair pulled up and out of face. Boys: White tee-shirt, black dance pants, compression pants, sweat pants, and black ballet shoes. **INSTRUCTOR:** Monet Dance Performing Arts Studio

JGCC	Sa	10:20-10:50 am	Sep 11-Oct 16	\$63 \$50 RD	ages 6-9
JGCC	Sa	10:20-10:50 am	Oct 30-Dec 18*	\$63 \$50 RD	ages 6-9
JGCC	Sa	10:20-10:50 am	Jan 15-Feb 19	\$63 \$50 RD	ages 6-9

*No class Nov 13, 27

Theater

Musical Theatre Workshop

A skills development class where you will create choreographed and staged numbers to be presented on stage at the Renaissance Centre during the last class. **INSTRUCTOR:** North Wake Theatre

Ren Ctr	W	5:30-7:00 pm	Sep 8-Nov 17*	\$300	grades K-8
Ren Ctr	W	5:30-7:00 pm	Jan 5-Mar 9	\$300	grades K-8
Ren Ctr	W	5:30-7:00 pm	Mar 23-Jun 1*	\$300	grades K-8

*No class Oct 20, Apr 13

Musical Theatre Studio

A performance-based class for high school and college students where you will create a themed final production to be presented on stage at the Renaissance Centre. This will be a fully produced final performance complete with vocals, choreography, lighting, and sound. **AUDITION REQUIRED:** You must submit a video of yourself singing 32 bars of a song (approximately 60 seconds). The video can be shot on your cell phone and should be landscape (sideways, not up and down). Send your video to dhorton@wakeforestnc.gov. **INSTRUCTOR:** North Wake Theatre

Ren Ctr	M	5:30-7:30 pm	Aug 23-Nov 15*	\$400 new students \$350 returning students	ages 14-25
Ren Ctr	M	5:30-7:30 pm	Feb 28-May 16**	\$400 new students \$350 returning students	ages 14-25

*No class Oct 18. Final dress Nov 18. Shows on Nov 19.

**No class Apr 11. Final dress May 20. Shows on May 21. No class spring break.

Esports

Competitive gaming, or Esports, is one of the fastest growing entities in the youth sports world! Esports takes the games your children know and love and puts them in a competitive environment where they can grow their skills both as a gamer and as an athlete.

Battle in the Forest Esports Tournaments

Enjoy video games and competing to be the best? If so, Battle in the Forest is the place for you! This Esports tournament will be an ongoing arena of different games throughout the year. The tournament will be played online and live streamed. An assortment of prizes will be given to the top teams. The featured game will be determined at a later date. For more information, visit wakeforestnc.gov and search "Esports."



online	Sa	1:00-6:00 pm	Nov 13	free*	ages 10+
online	Sa	1:00-6:00 pm	Feb 12	free*	ages 10+

*Pre-registration required

eLeagues

Are you ready to compete at the next level? We are teaming up with Mission Control in our eSports leagues! Download the FREE Mission Control app, select Wake Forest PRCR esports and get ready to take your game to the next level. Play for prizes and bragging rights! **STAFF CONTACT:** Shawn Monday, smonday@wakeforestnc.gov

Online	6:00 pm	Oct 4-Nov 8	Fornite, League of Legends, Rocket League 2v2	\$10	ages 12+
Online	6:00 pm	Nov 15-Dec 20	Fornite, Rocket League 2v2, Mario Kart Deluxe 8	\$10	ages 12+
Online	6:00 pm	Jan 3-Feb 7	Fornite, Super Smash, Mario Kart Deluxe 8	\$10	ages 12+
Online	6:00 pm	Feb 21-Mar 21	Fornite, League of Legends, Rocket League 2v2	\$10	ages 12+



DIY Workshops

Candlemaking and Storytelling <<NEW!>>

Join us for an interactive DIY class where participants learn about the candle making process, choose a custom scent blend to create their own candle and include some reflections and questions about their life story that help create meaning behind their fragrance. **INSTRUCTOR:** Stacy Ahua, Usu Company Candles

WFCH	M	6:00-7:30 pm	Nov 15	\$50 \$40 RD	ages 10+
WFCH	F	6:00-7:30 pm	Feb 11	\$50 \$40 RD	ages 10+

Candlemaking and Storytelling Workshop

Join Usu Company Candles for a unique candle making class! Together, we'll go step-by-step to learn about all of the materials you need to make a candle and the candle making process. Then, you'll sample, select and blend a one-of-a-kind scent for your candle, and add a unique story to tie it all together! Guests will make one 8oz glass candle in the vessel of their choice. **INSTRUCTOR:** Stacy Ahua, Usu Company Candles

Ren Ctr	Su	1:00-3:00 pm	Nov 7	\$40	all ages
---------	----	--------------	-------	------	----------

Hand Lettering Basics <<NEW!>>

Students will learn the basic strokes of hand lettering, the lowercase alphabet, and how to connect letters to form words. Each student will receive and take home a hand lettering workbook, tracing paper, and brush pen. **INSTRUCTOR:** Carissa Sliwinski, Positively Lettering



AMC	F	6:00-8:00 pm	Oct 8	\$63 \$50 RD	ages 12+
-----	---	--------------	-------	----------------	----------

Basic Hand Lettered Artwork <<NEW!>>

Students will learn basic techniques and will handletter a piece of artwork. All supplies are included. Students will take home their finished piece. **INSTRUCTOR:** Carissa Sliwinski

WFCH	W	6:00-7:30 pm	Feb 2	\$50 \$40 RD	ages 12+
------	---	--------------	-------	----------------	----------

DIY Geometric Wood Wall Art <<NEW!>>

Participants will enjoy choosing their own colors to paint their own wood wall art. Make your own geometric wall art! Final piece will be approximately 13.75" wide x 7.75" tall x 0.5" thick. In the event that you are unable to finish your project, you will be provided the materials to finish at home. No power tools will be used during this workshop **INSTRUCTOR:** Kaylyn Allor, Homebody's

WFCH	Su	6:00-8:30 pm	Oct 22	\$63 \$50 RD	ages 16+
------	----	--------------	--------	----------------	----------



DIY SELF CARE



CANDLEMAKING AND STORYTELLING

DIY Self Care <<NEW!>>

Participants will create their own clean and natural self care body products to take home with them while learning about aromatherapy. **INSTRUCTOR:** Natasha Cook, Homebody's

WFCH	F	6:00-7:30 pm	Nov 3	\$63 \$50 RD	ages 16+
AMC	Th	6:00-7:30 pm	Jan 6	\$63 \$50 RD	ages 16+

DIY Mountain Wood Wall Art <<NEW!>>

Participants will enjoy choosing their own colors to paint their own wood wall art. Make your own geometric wall art! Final piece will be approximately 23" wide x 12.1" tall x 0.5" thick. In the event that you are unable to finish your project, you will be provided the materials to finish at home. No power tools will be used during this workshop **INSTRUCTOR:** Kaylyn Allor, Homebody's

AMC	F	6:00-8:00 pm	Feb 7	\$75 \$60 RD	ages 16+
-----	---	--------------	-------	----------------	----------

Macramé Plant Hanger <<NEW!>>

Kat McDaniel, the owner of Bella Ruth Co. and expert macramé weaver, will be guiding you through the process. Participants will learn how to create a boho inspired plant/ floral hanger that they will use for years to come. We will be using earth friendly, recycled macramé cords to expertly tie different types of macramé knots and braids. **INSTRUCTOR:** Kat McDaniel, Bella Ruth Co.



WFCH	W	6:30-8:30 pm	Sep 1	\$69 \$55 RD	ages 14+
WFCH	F	6:30-8:30 pm	Jan 21	\$69 \$55 RD	ages 14+

Wreath Making Workshop <<NEW!>>

Participants will complete a deco mesh wreath in a two and a half hour workshop. Instructor will provide all materials and participants will be able to choose the colors and/or theme they would like to do. **INSTRUCTOR:** Dolores Riggins



AMC	F	6:00-8:30 pm	Sep 13	\$69 \$55 RD	ages 16+
WFCH	M	6:00-8:30 pm	Nov 29	\$69 \$55 RD	ages 16+

Kids Night Out

Kids Night Out!

Hey kids! Leave the parents at home and join us for a FUN FRIDAY night! Join the staff of Joyner Park Community Center to get into the spirit at the KNO Fort Building Party! During this three-hour event you will enjoy, crafts, games, more games and loads of fun! And yes, pizza will be served! Tell your friends! The more the merrier! **INSTRUCTOR:** JPCC Staff

JPCC	F	6:00–9:30 pm	Jan 7	Fort Building	\$30 \$15 RD	ages 5–10
------	---	--------------	-------	---------------	-----------------------	-----------

Back to School Bingo

B-I-N-G-O! Back to School BINGO is coming to you! Enjoy a night of nothing but BINGO and fun at this back-to-school celebration. Participants will enjoy BINGO fun from 6–8:30 pm and a special frozen treat, as well as prizes during the second half of your time. ALL participants will receive a special back-to-school package! **INSTRUCTOR:** JPCC Staff

JPCC	F	6:00–8:30 pm	Sep 3		\$13 \$10 RD	ages 5–10
------	---	--------------	-------	--	-----------------------	-----------

Culinary

Flour Power Cookie Decorating **NEW!**

All you junior chefs come join us as we learn to decorate cookies like the professionals. You will learn how to flood and pipe your cookies using royal icing, and embellish your cookies with sprinkles, icing, glitter, and royal icing transfers as well as learning easy decorating techniques. **INSTRUCTOR:** Cathy Quinn



JPCC	Sa	10:00 am–1:00 pm	Sep 25	Fall	\$50 \$40 RD	ages 11–17
JPCC	Sa	10:00 am–1:00 pm	Nov 6	Thanksgiving	\$50 \$40 RD	ages 11–17
JPCC	Sa	10:00 am–1:00 pm	Dec 18	Christmas	\$50 \$40 RD	ages 11–17
JPCC	Sa	10:00 am–1:00 pm	Jan 22	Winter	\$50 \$40 RD	ages 11–17
JPCC	Sa	10:00 am–1:00 pm	Feb 12	Valentine's Day	\$50 \$40 RD	ages 11–17

Meet our Staff



Greg Nance is a lifelong resident of Wake Forest and works part-time at Joyner Park Community Center as a Recreation Supervisor. He holds a Bachelor of Science degree in Physical Education from Barton College and a Master's of Science degree in Health Education and Promotion from East Carolina University. He taught Physical Education and coached several sports for 32 years in the Wake County Public School System – East Wake, Wake Forest High School and Heritage Middle. In his free time he loves playing tennis and golf with his wife, Cindy, and playing with his 2-year-old granddaughter, Aubrey Rose.

Fitness

Nike® Marathon Kids Run Club

Kidokinetics has partnered with Marathon Kids sponsored by Nike® to offer this running and fitness program for kids! Run/walk a full half marathon during the 8-week session or register for both sessions and kids will complete a full marathon! Work on proper running form, strength, flexibility, balance and coordination. Class builds confidence and discipline while helping kids to set and achieve goals! **INSTRUCTOR:** Kidokinetics

JPCC	Tu	4:45–5:45 pm	Sep 14	free demo*	ages 5–12
JPCC	Tu	4:45–5:45 pm	Sep 21–Nov 9	\$119 \$95 RD	ages 5–12
JPCC	Tu	4:45–5:45 pm	Nov 30–Feb 1**	\$119 \$95 RD	ages 5–12
JPCC	Tu	4:45–5:45 pm	both sessions**	\$190 \$175 RD	ages 5–12

*Pre-registration required
**No class Nov 23, Dec 22, 29

Kidz Yoga

Your child will learn yoga through asanas or postures that highlight and emphasize connection and community concepts. We will incorporate themes, stories, songs, activities to keep class fresh and fun! Children will be encouraged to see the connection between themselves and the world, promoting the development of greater peace and understanding. **INSTRUCTOR:** Anna Kirby



JPCC	M	5:00–5:45 pm	Oct 4–25	\$44 \$35 RD	ages 5–10
JPCC	M	5:00–5:45 pm	Nov 1–22	\$44 \$35 RD	ages 5–10
JPCC	M	5:00–5:45 pm	Nov 29–Dec 20	\$44 \$35 RD	ages 5–10

Martial Arts

Martial Arts

This twice a week class will teach coordination, focus, discipline, and self-confidence, all while having fun! Participants will learn the techniques of Traditional Tae Kwon Do starting with the basics and progressing to the advanced including- breathing, blocking, punching, kicking, forms, and controlled sparring. All students learn in a safe, supportive, and family friendly environment. We offer promotional testing through the Traditional Tae Kwon Do Association. No class is held on the first Thursday of every month. **NATIONAL CERTIFIED INSTRUCTOR:** 8th Degree, Grand Master R. Berger

WFCH	Tu/Th*	7:00–8:00 pm	Sep 7–30	\$63 mo \$50 mo RD	ages 7–17
WFCH	Tu/Th*	7:00–8:00 pm	Oct 5–28	\$63 mo \$50 mo RD	ages 7–17
WFCH	Tu/Th*	7:00–8:00 pm	Nov 9–30	\$63 mo \$50 mo RD	ages 7–17
WFCH	Tu/Th*	7:00–8:00 pm	Dec 7–21	\$63 mo \$50 mo RD	ages 7–17
WFCH	Tu/Th*	7:00–8:00 pm	Jan 4–28	\$63 mo \$50 mo RD	ages 7–17
WFCH	Tu/Th*	7:00–8:00 pm	Feb 1–25	\$63 mo \$50 mo RD	ages 7–17

*No class held the first Thursday of every month
**Registration is open until the 15th of each month



Beginner Taekwondo

This beginner class covers simple self-defense techniques, all while aiding in building self-confidence! The benefit for younger participants will be developing concentration and focus, while the young at heart will find an increase in fitness levels! Adults will benefit by improving flexibility, strength, muscle tone, and an overall greater discipline. Additional \$50 fee paid to instructor for uniform and t-shirt at first class.

INSTRUCTOR: CORE Taekwondo Performance

JPCC	Th	6:10–7:00 pm	Sep 16–Oct 7	\$82 mo \$65 mo RD	ages 7+
JPCC	Th	6:10–7:00 pm	Oct 14–Nov 11*	\$82 mo \$65 mo RD	ages 7+
JPCC	Th	6:10–7:00 pm	Nov 18–Dec 16*	\$82 mo \$65 mo RD	ages 7+
JPCC	Th	6:10–7:00 pm	Jan 6–27	\$82 mo \$65 mo RD	ages 7+
JPCC	Th	6:10–7:00 pm	Feb 3–24	\$82 mo \$65 mo RD	ages 7+

*No class Oct 21, Nov 25

Education

Planning and Preparing to Pay for College <<NEW!>>

Paying for college, applying for financial and scholarships can create confusion and stress for the entire family. Topics covered include: Overview of the Financial Aid process, FAFSA, CSS Profile, funding sources and strategies for paying less out of pocket. **INSTRUCTOR:** A2Z College Planning

JPCC	W	7:30–8:30 pm	Oct 6	\$13 \$10 RD	ages 14–17
------	---	--------------	-------	----------------	------------

Navigating College Admission (with guardian) <<NEW!>>

The college admissions process can be stressful and we want to help. Receive advice on choosing the right college, writing an outstanding essay, putting together standout applications, gain insight into financial aid and learn how colleges review applicants. **INSTRUCTOR:** A2Z College Planning

JPCC	W	6:30–7:30 pm	Feb 23	\$13 \$10 RD	ages 14–17
------	---	--------------	--------	----------------	------------

Rocking Your Admissions Application <<NEW!>>

Navigating the college application can be tricky. Receive advice on how to prepare standout applications and increase your chances of admissions. Find out what is important in the college admissions process and how colleges read applications and make admission decisions. **INSTRUCTOR:** A2Z College Planning

JPCC	Tu	6:30–7:30 pm	Sep 21	\$13 \$10 RD	ages 15–17
------	----	--------------	--------	----------------	------------

Choosing the Right College for You <<NEW!>>

Find out some techniques on how to identify colleges that fit YOU well: academically, socially, and financially. Learn what matters most in the college admission process, the tips and tricks of a successful campus visit and where you should apply. **INSTRUCTOR:** A2Z College Planning

JPCC	Tu	6:30–7:30 pm	Nov 16	\$13 \$10 RD	ages 15–17
------	----	--------------	--------	----------------	------------



S.T.E.M.

Scratch Junior <<NEW!>>

This series of fun classes use the Scratch Junior platform, developed by the same MIT team that built the Scratch. While building interactive stories and games, your child will be introduced to the basics of coding concepts, solve problems, and most importantly, create! **INSTRUCTOR:** Create and Learn

online	Th	7:00–7:45 pm	Sep 2–Oct 14	\$149 \$119 <i>RD</i>	ages 5–6
online	M	7:00–7:45 pm	Nov 1–Dec 13	\$149 \$119 <i>RD</i>	ages 5–6
online	Tu	7:00–7:45 pm	Jan 4–Feb 15	\$149 \$119 <i>RD</i>	ages 5–6

Junior Robotics <<NEW!>>

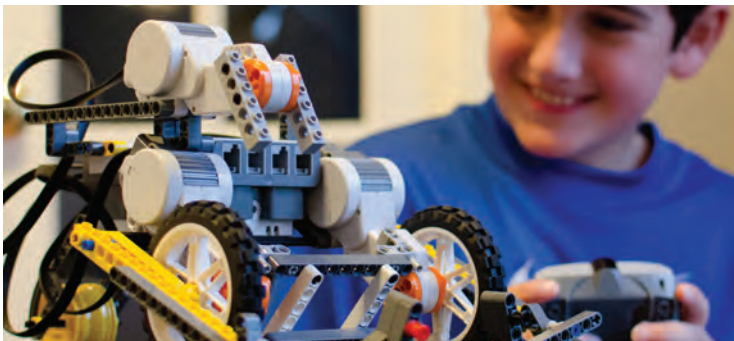
Students will learn how to navigate robots through virtual worlds and complete exciting maze challenges! They will practice navigating robots through even more complicated virtual worlds full of obstacles by making use of sensors. Moreover, students will learn how to make robots transport objects and see how these topics are important in real-world scenarios! **INSTRUCTOR:** Create and Learn

online	Tu	4:00–4:55 pm	Sep 7–Oct 26	\$149 \$119 <i>RD</i>	ages 7–9
online	M	4:00–4:55 pm	Nov 1–Dec 20	\$149 \$119 <i>RD</i>	ages 7–9
online	Th	4:00–4:55 pm	Jan 6–Feb 24	\$149 \$119 <i>RD</i>	ages 7–9

Minecraft Coding Quest <<NEW!>>

In this fun beginner coding class, kids learn foundational coding classes by solving interesting puzzles, building structures, and creating mini-games all using code. Some core coding concepts covered include sequencing, conditionals, events, loops, and more. Your kids will have tons of fun and learn! **INSTRUCTOR:** Create and Learn

online	W	4:00–4:55 pm	Sep 8–Oct 27	\$149 \$119 <i>RD</i>	ages 7–9
online	Tu	4:00–4:55 pm	Nov 2–Dec 21	\$149 \$119 <i>RD</i>	ages 7–9
online	W	4:00–4:55 pm	Jan 5–Feb 23	\$149 \$119 <i>RD</i>	ages 7–9



Roblox Coding <<NEW!>>

Take a big step forward with your Roblox experience by not just playing the game but actually creating your own games! Learn how to use Roblox Studio to create customized worlds and code mini-games. We start from the very basics of Roblox Studio, no prior experiences needed. You will also learn Lua, a programming language for Roblox and core coding skills that can be applied elsewhere as well. **INSTRUCTOR:** Create and Learn

online	F	4:00–4:55 pm	Sep 3–Oct 22	\$149 \$119 <i>RD</i>	ages 9–13
online	Tu	4:00–4:55 pm	Nov 2–Dec 21	\$149 \$119 <i>RD</i>	ages 9–13
online	F	4:00–4:55 pm	Jan 7–Feb 25	\$149 \$119 <i>RD</i>	ages 9–13

Engineering Workshop with LEGO® Materials

Join Play-Well TEKologies for a workshop using the LEGO® Building System. Explore concepts in physics, mechanical engineering, structural engineering, and architecture while playing with your favorite creations. Utilizing thousands of LEGO® parts, we strive to build students' problemsolving skills, foster a greater appreciation of how things work, and encourage the qualities of inquisitiveness, self-reliance, and self-confidence in children. Projects for the workshop will be selected by the instructor based on the ages, experience levels, and interests of the children. Generally a workshop will consist of two or three projects. **INSTRUCTOR:** Play-Well TEKologies

JPCC	Tu	9:00 am–12:00 pm	Nov 23	\$44 \$35 <i>RD</i>	ages 5–11
------	----	------------------	--------	-----------------------	-----------

Winter Wonderland Engineering with LEGO® Materials

Bundle up, we're creating a spectacular Winter Wonderland! Build bobsleds, design snow plows, and take a ride on the Polar Express. Explore your snowiest ideas and learn STEM concepts with tens of thousands of LEGO® pieces at your mitten-tips and the guidance of an experienced instructor. **INSTRUCTOR:** Play-Well TEKologies

JPCC	Tu–Th	9:00 am–12:00 pm	Dec 28–30	\$131 \$105 <i>RD</i>	ages 5–11
------	-------	------------------	-----------	-------------------------	-----------

Afterschool

AMC Afterschool <<NEW!>>

This FREE afterschool program is open to all youth actively attending a Wake County school. The Alston-Massenburg Center (AMC) offers students a safe, supervised environment each afternoon. AMC gives children the opportunity to play or hang out with friends. A parent/guardian must register their child in person at the Alston-Massenburg Center. **STAFF CONTACT:** Garrett Bryant, gbryant@wakeforestnc.gov, 919-554-6189

AMC	M–F	2:00–6:00 pm	ongoing	free	ages 5–17
-----	-----	--------------	---------	------	-----------

ADULT

PROGRAMS & CLASSES



Art

Beginners Oil & Acrylic Painting

Students will start with the basics: color wheel, value, composition and design. First paintings are a learning exercise. Welcome to the art world! Materials supplied by student. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	1:00–3:00 pm	Aug 10–Sep 7	\$68 \$54 <i>RD</i>	ages 16+
-----------	----	--------------	--------------	-----------------------	----------

Intermediate Oil & Acrylic Painting

Students will learn new techniques and choose their subject matter. Must have completed Beginners class. Materials supplied by student. **INSTRUCTOR:** Mary Benejam

Flah Park	W	10:00 am–12:30 pm	Aug 11–Sep 8	\$68 \$54 <i>RD</i>	ages 16+
Flah Park	W	10:00 am–12:30 pm	Sep 22–Oct 27	\$84 \$67 <i>RD</i>	ages 16+
Flah Park	W	10:00 am–12:30 pm	Nov 10–Dec 15	\$84 \$67 <i>RD</i>	ages 16+
Flah Park	W	10:00 am–12:30 pm	Jan 12–Feb 16	\$100 \$80 <i>RD</i>	ages 16+

**No class Oct 13, Nov 24*

Advanced Oil Painting

This course is designed for advanced oil painting students. Will work on specific techniques and styles. All students must be approved by instructor. Let's paint a masterpiece! Materials supplied by student. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	10:00 am–12:30 pm	Aug 10–Sep 7	\$68 \$54 <i>RD</i>	ages 16+
Flah Park	Tu	10:00 am–12:30 pm	Sep 21–Oct 26	\$100 \$80 <i>RD</i>	ages 16+
Flah Park	Tu	10:00 am–12:30 pm	Nov 9–Dec 14	\$84 \$67 <i>RD</i>	ages 16+
Flah Park	Tu	10:00 am–12:30 pm	Jan 11–Feb 15	\$100 \$80 <i>RD</i>	ages 16+

Pottery: Beginning Handbuilding

This course explores the clay construction techniques of pinching, coils, and slabs and provides an overview of ceramic materials and glazing. Classes provide demonstrations and individual work time with instructor guidance. Materials are included in the price. Finished pots will need to be picked up one week after the class has ended. Classes are held in the pottery studio at the Northern Wake Senior Center, 235 E. Holding Ave. **INSTRUCTOR:** Jeannette Stevenson

Senior Ctr	Th	7:00–9:15 pm	Sep 2–Oct 14	\$150	ages 16+
Senior Ctr	Th	7:00–9:15 pm	Feb 3–Mar 17	\$150	ages 16+

Virtual Exploring Pan Pastels Workshop

You will discover how to use pan pastels to create a landscape. The basics of using pastels, comparison of pastels and use of various tools will be introduced. All materials will be provided by the instructor. **INSTRUCTOR:** Dr. Jane Steelman, Steelman Studios

virtual	Sa	1:00–3:00 pm	Sep 25	\$95	ages 16+
---------	----	--------------	--------	------	----------

Improve Your Drawing

Learn some basic drawing skills including visualization, pencil techniques, creating perspective and depth, and composition. The instructor will provide references and do short demos to get everyone going. The focus? Skills and fun! **INSTRUCTOR:** Suzanne Hetzel, TWSA, PWS, IWS

Ren Ctr	Th	7:00–8:30 pm	Sep 30–Nov 4	\$120	ages 16+
---------	----	--------------	--------------	-------	----------

Introduction to Scratchboard Art Workshop

You will learn about designing and transferring designs onto a scratchboard. You will also learn different scratchboard techniques and how to use different tools. If time permits, inking will be introduced. You will get a small practice board and will do a 5x7 picture of a small animal. You are encouraged to bring a photo to work from. **INSTRUCTOR:** Sally Terrell, Havenhill Studios

Ren Ctr	Su	1:00–3:00 pm	Sep 26	\$60	ages 15+
---------	----	--------------	--------	------	----------

Meditation, Yoga and Art

M.Y. + Art is a course designed to integrate Meditation, Yoga and Art Journaling. You will experience activities that calm the mind, strengthen the body, and enrich art creation and exploration. Each class will begin with an art making activity. This will be followed with gentle yoga and meditation. You will learn how to make and hand bind your own art journal and use writing prompts. All abilities are invited to participate. Modifications will be offered for a variety of needs. Differently abled people and their aides are invited to participate. All are welcome, no experience needed! **INSTRUCTOR:** Sara Roberts, artist and arts educator

Ren Ctr	Th	6:00–7:30 pm	Jan 6, 20, Feb 3, 17, Mar 3, 17, 31, Apr 7	\$280	ages 15+
---------	----	--------------	--	-------	----------

Virtual Painting with Alcohol Inks Workshop

You will learn how to use alcohol inks to create paintings on yupo. These may be matted and framed as personal works of art or as gifts. A digital Alcohol Ink book will be provided along with specific directions which may be used in class and in the future. A supply list including places to purchase supplies will be provided. **INSTRUCTOR:** Dr. Jane Steelman, Steelman Studios

virtual	Sa	9:00 am–12:00 pm	Jan 15	\$65	ages 16+
---------	----	------------------	--------	------	----------

Meet the Impressionists

Impressionism is one of the most beloved art movements in history. Focused on the magic of ever changing light on color, the natural world, and modern life, the emotive brushwork has captivated viewers. This was not always the case as the artists behind impressionism struggled for many years against the status quo in fine art. Each week we will look at a different artist, their style and subject, and create our own small guided artwork inspired by their style and subjects before tackling our own complete larger artwork in the final weeks. **INSTRUCTOR:** Indigo Lamb

Ren Ctr	Tu	5:30–7:30 pm	Jan 25–Mar 15	\$160	ages 15+
---------	----	--------------	---------------	-------	----------

Meet our Staff



Courtney Tillery works part time for Joyner Park Community Center as a Recreation Supervisor. She has worked part time for 11 years and counting. A full time employee with the Wake County Public School System, Courtney is completing her Master's Degree in Elementary Education.

She resides in Wake Forest with her wife, stepdaughter, and two dogs. In her spare time, she loves to go to the mountains, spend time with family and friends, and relax.

Theater

Musical Theatre Studio

A performance-based class for high school and college students where you will create a themed final production to be presented on stage at the Renaissance Centre. This will be a fully produced final performance complete with vocals, choreography, lighting, and sound. **AUDITION REQUIRED:** You must submit a video of yourself singing 32 bars of a song (approximately 60 seconds). The video can be shot on your cell phone and should be landscape (sideways, not up and down). Send your video to dhorton@wakeforestnc.gov. **INSTRUCTOR:** North Wake Theatre

Ren Ctr	M	5:30–7:30 pm	Aug 23–Nov 15*	\$400 new students \$350 returning students	ages 14–25
Ren Ctr	M	5:30–7:30 pm	Feb 28–May 16**	\$400 new students \$350 returning students	ages 14–25

*No class Oct 18. Final dress Nov 18. Shows on Nov 19.
**No class Apr 11. Final dress May 20. Shows on May 21. No class spring break.

Photography

Zen Photography **«NEW!»**

We will learn to use photography as a mediation practice to counterbalance the negative stress of everyday life. We'll have mindful nature walks, reflective journaling, image sharing, and group discussions that will inspire you to move a bit slower, savor stillness, and always keep your camera close at hand. **INSTRUCTOR:** Tonya Peele



JPCC	Th	7:15–8:15 pm	Sep 16–Oct 7	\$50 \$40 RD	ages 18+
JPCC	Th	7:15–8:15 pm	Oct 28–Nov 18	\$50 \$40 RD	ages 18+

Martial Arts

Martial Arts

This twice a week class will teach coordination, focus, discipline, and self-confidence, all while having fun! Participants will learn the techniques of Traditional Tae Kwon Do starting with the basics and progressing to the advanced including- breathing, blocking, punching, kicking, forms, and controlled sparring. All students learn in a safe, supportive, and family friendly environment. We offer promotional testing through the Traditional Tae Kwon Do Association. No class is held on the first Thursday of every month. **NATIONAL CERTIFIED INSTRUCTOR:** 8th Degree, Grand Master R. Berger

WFCH	Tu/Th*	7:00-8:00 pm	Sep 7-30	\$63 mo \$50 mo RD	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Oct 5-28	\$63 mo \$50 mo RD	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Nov 9-30	\$63 mo \$50 mo RD	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Dec 7-21	\$63 mo \$50 mo RD	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Jan 4-28	\$63 mo \$50 mo RD	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Feb 1-25	\$63 mo \$50 mo RD	ages 18+

* No class held the first Thursday of every month
 **Registration is open until the 15th of each month

Beginner Taekwondo

This beginner class covers simple self-defense techniques, all while aiding in building self-confidence! The benefit for younger participants will be developing concentration and focus, while the young at heart will find an increase in fitness levels! Adults will benefit by improving flexibility, strength, muscle tone, and an overall greater discipline.



Additional \$50 fee paid to instructor for uniform and t-shirt at first class. **INSTRUCTOR:** CORE Taekwondo Performance

JPCC	Th	6:10-7:00 pm	Sep 16-Oct 7	\$82 \$65 RD	ages 18+
JPCC	Th	6:10-7:00 pm	Oct 14-Nov 11*	\$82 \$65 RD	ages 18+
JPCC	Th	6:10-7:00 pm	Nov 18-Dec 16*	\$82 \$65 RD	ages 18+
JPCC	Th	6:10-7:00 pm	Jan 6-27	\$82 \$65 RD	ages 18+
JPCC	Th	6:10-7:00 pm	Feb 3-24	\$82 \$65 RD	ages 18+

* No class Oct 21, Nov 25

Dance

Friday Night Line Dance Party! <<NEW!>>

Join instructor Sue Jennings at Joyner Park for a fun evening of dance! Line dance is a fun way to dance without the need of a partner. Make new friends while learning the latest dance steps and traditional ones. No experience required. **INSTRUCTOR:** Sue Jennings

Joyner Park*	F	6:00-8:00 pm	Sep 3	\$16 \$13 RD	ages 16+
--------------	---	--------------	-------	----------------	----------

*Event held at Joyner Park Amphitheater (rain date Sep 10)

Line Dancing

In this fun and energetic line dance class, you'll learn fun dances to all types of music. It's time to get your body up and moving for some fun and groovy dance moves. No experience or partner required. Line dancing is a contactless form of dance. This class is all about meeting new friends and having fun! **INSTRUCTOR:** Sue Jennings



JPCC	W	6:00-7:00 pm	Sep 1-22	\$50 \$40 RD	ages 16+
JPCC	W	6:00-7:00 pm	Sep 29-Oct 27*	\$50 \$40 RD	ages 16+
JPCC	W	6:00-7:00 pm	Nov 3-17	\$38 \$30 RD	ages 16+
JPCC	W	6:00-7:00 pm	Dec 1-15	\$38 \$30 RD	ages 16+
JPCC	W	6:00-7:00 pm	Dec 29-Jan 19	\$50 \$40 RD	ages 16+
JPCC	W	6:00-7:00 pm	Jan 26-Feb 16	\$50 \$40 RD	ages 16+

*No class Oct 13

Adult Ballroom Dance

Feel comfortable on the dance floor while enjoying various types of music! You will learn popular basic ballroom dance steps like Tango, Foxtrot, Waltz, Rumba, ChaCha and Swing! **INSTRUCTOR:** Chikako Massey

JPCC	Tu	7:15-8:15 pm	Oct 5-Nov 9	\$75 \$60 RD	ages 18+
JPCC	Tu	7:15-8:15 pm	Jan 4-Feb 8	\$75 \$60 RD	ages 18+
JPCC	Tu	7:15-8:15 pm	Feb 15-Mar 22	\$75 \$60 RD	ages 18+

Fitness

Yoga-All Level

Explore calming and centering your breath, moving energy throughout your body, moderate easy flow (with beginner and power options offered), gentle stretches and finish with an extended meditation. Learn coping skills for stress. Join us on your lunch hour or before school pick up! Please bring an open mind and yoga mat. **INSTRUCTOR:** Allison Mercurio RYT, EMyoga Foundations Teacher

Flah Park	Tu	1:00-2:00 pm	Sep 7-28	\$40 \$32 <i>RD</i>	ages 16+
Flah Park	Tu	12:30-1:30 pm	Oct 5-26	\$40 \$32 <i>RD</i>	ages 16+
Flah Park	Tu	12:30-1:30 pm	Nov 9-Dec 14*	\$40 \$32 <i>RD</i>	ages 16+
Flah Park	Tu	12:30-1:30 pm	Jan 11-25	\$30 \$24 <i>RD</i>	ages 16+

*No class Nov 23, 30

Yoga for Transformation

This introduction to yoga class teaches flexibility while learning to listen and communicate with the body in a new way. You will learn to work with the body to express the best pose for the individual. Students are requested to bring a yoga mat. **INSTRUCTOR:** Orianna Nienan

JPCC	M	7:30-8:15 pm	Sep 13-27	\$45 \$36 <i>RD</i>	ages 14+
JPCC	M	7:30-8:15 pm	Oct 4-25	\$60 \$48 <i>RD</i>	ages 14+
JPCC	M	7:30-8:15 pm	Dec 6-20	\$45 \$36 <i>RD</i>	ages 14+
JPCC	M	7:30-8:15 pm	Jan 3-31*	\$60 \$48 <i>RD</i>	ages 14+
JPCC	M	7:30-8:15 pm	Feb 7-28	\$60 \$48 <i>RD</i>	ages 14+

*No class Jan 17

Barre Fit

Barre Fit combines attributes of Pilates, dance, and functional fitness training for a full-body workout. The classes are designed to fatigue your muscles through proper form and small isolated movements. You will feel the burn in this fast-paced workout where every minute counts! **INSTRUCTOR:** Courtney Ringsdorf

JPCC	M	6:00-6:55 pm	Aug 30-Sep 20*	\$50 \$43 <i>RD</i>	ages 16+
JPCC	M	6:00-6:55 pm	Oct 4-25	\$50 \$43 <i>RD</i>	ages 16+
JPCC	M	6:00-6:55 pm	Nov 1-22	\$50 \$43 <i>RD</i>	ages 16+
JPCC	M	6:00-6:55 pm	Dec 6-20	\$40 \$32 <i>RD</i>	ages 16+
JPCC	M	6:00-6:55 pm	Jan 10-31	\$50 \$43 <i>RD</i>	ages 16+
JPCC	M	6:00-6:55 pm	Feb 7-28	\$50 \$43 <i>RD</i>	ages 16+

*No class Sep 6

Tai Chi for Beginners

A basic introduction to Tai Chi movement with a focus on breathing with gentle, slow fluid body movements. This practice is excellent for calming the busy mind and suitable for all fitness levels! Tai Chi is a tonic for the body, mind and spirit. **INSTRUCTOR:** Orianna Nienan



JPCC	Tu	7:00-7:45 pm	Sep 28-Oct 26*	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Sa	10:15-11:00 am	Oct 2-30	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Sa	10:15-11:00 am	Dec 4-18	\$45 \$36 <i>RD</i>	ages 14+
JPCC	Tu	7:00-7:45 pm	Dec 7-21	\$45 \$36 <i>RD</i>	ages 14+
JPCC	Tu	7:00-7:45 pm	Jan 4-25	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Sa	10:15-11:00 am	Jan 8-29	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Tu	7:00-7:45 pm	Feb 1-22	\$60 \$48 <i>RD</i>	ages 14+
JPCC	Sa	10:15-11:00 am	Feb 5-26	\$60 \$48 <i>RD</i>	ages 14+

*No class Oct 12

Zumba

Pretty much the most awesome workout ever. Dance to great music, with great people, and burn a ton of calories without even realizing it. We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. **INSTRUCTOR:** Neltonia Prince

JPCC	Sa	9:00-10:00 am	Sep 18-Oct 2	\$19 \$15 <i>RD</i>	ages 18+
JPCC	M	6:30-7:30 pm	Sep 27-Oct 25*	\$25 \$20 <i>RD</i>	ages 18+
JPCC	Sa	9:00-10:00 am	Oct 16-30	\$19 \$15 <i>RD</i>	ages 18+
JPCC	M	6:30-7:30 pm	Nov 1-22	\$25 \$20 <i>RD</i>	ages 18+
JPCC	Sa	9:00-10:00 am	Nov 6-Dec 4*	\$25 \$20 <i>RD</i>	ages 18+
JPCC	M	6:30-7:30 pm	Nov 29-Dec 13	\$19 \$15 <i>RD</i>	ages 18+
JPCC	M	6:30-7:30 pm	Jan 3-31*	\$25 \$20 <i>RD</i>	ages 18+
JPCC	Sa	9:00-10:00 am	Jan 8-29	\$25 \$20 <i>RD</i>	ages 18+
JPCC	Sa	9:00-10:00 am	Feb 5-26	\$25 \$20 <i>RD</i>	ages 18+
JPCC	M	6:30-7:30 pm	Feb 7-28	\$25 \$20 <i>RD</i>	ages 18+

*No class Oct 11, Nov 27, Jan 17

Move It Move It Adult Line Dance Class

Attention all adults... you have 30 minutes to spare so tonight is your night to get out and learn some new dance moves, while getting into shape. This class led by our professional teaching staff is a high energy, body moving class that will include isolated workouts to tone and lose weight all while learning various line dances, moving our bodies to the rhythm and having a great time! Do not miss out on this great opportunity for some fun me time! Pay as you go or purchase a six week session at a discount! **REQUIREMENTS:** Workout or comfortable clothing, sneakers. **INSTRUCTOR:** Monet Dance Performing Arts Studio

AMC	Th	6:10-6:40 pm	Sep 9-Oct 14	\$63 \$50 <i>RD</i>	ages 18+
AMC	Th	6:10-6:40 pm	Oct 28-Dec 16	\$63 \$50 <i>RD</i>	ages 18+
AMC	Th	6:10-6:40 pm	Jan 13-Feb 17	\$63 \$50 <i>RD</i>	ages 18+

*No class Nov 11, 25

Culinary Arts

Cookie Decorating 101

Learn how to decorate cookies like the professionals. We will be exploring how to use royal icing, as well as learning how to flood, pipe, and embellish your cookies. In addition I will share where you can get all the supplies and information you will need to continue building your cookie decorating skills. You will be taking home 4-6 beautifully decorated cookies and recipes for icing and cookies. All skill levels are welcome. **INSTRUCTOR:** Cathy Quinn

JPCC	Sa	10:00 am-1:00 pm	Sep 11	<i>Fall</i>	\$50 \$40 <i>RD</i>	ages 18+
JPCC	Sa	10:00 am-1:00 pm	Nov 13	<i>Thanksgiving</i>	\$50 \$40 <i>RD</i>	ages 18+
JPCC	Sa	10:00 am-1:00 pm	Dec 11	<i>Christmas</i>	\$50 \$40 <i>RD</i>	ages 18+
JPCC	Sa	10:00 am-1:00 pm	Jan 15	<i>Winter</i>	\$50 \$40 <i>RD</i>	ages 18+
JPCC	Sa	10:00 am-1:00 pm	Feb 5	<i>Valentine's Day</i>	\$50 \$40 <i>RD</i>	ages 18+



Comic Book

Comic Book Trade Group **<<NEW!>>**

Love comics? Interested in trading some books? Looking for some key issues? Come join us every month to discuss and trade comics! This group will be solely trading comics. No monetary transactions will be allowed. The group will be managed by Brandon Wright, of Play4Life Comics. Don't miss out on this opportunity to add some great comics to your collection! **INSTRUCTOR:** Brandon Wright, Play4Life Comics

Flah Park	Sa	11:00 am-1:00 pm	Aug 21	\$5	ages 18+
Flah Park	Sa	11:00 am-1:00 pm	Sep 18	\$5	ages 18+
Flah Park	Sa	11:00 am-1:00 pm	Oct 23	\$5	ages 18+
Flah Park	Sa	11:00 am-1:00 pm	Nov 20	\$5	ages 18+
Flah Park	Sa	11:00 am-1:00 pm	Dec 18	\$5	ages 18+
Flah Park	Sa	11:00 am-1:00 pm	Jan 22	\$5	ages 18+
Flah Park	Sa	11:00 am-1:00 pm	Feb 19	\$5	ages 18+

LEGO®

Golden Age of Gaming for LEGO®-Loving Adults

Do you remember your days at the local Arcade or Pizza Place with a pocket of quarters waiting for your turn at Mario or Pac Man? Step back in time and bring the world of classic retro video games to life by building classic icons with LEGO® Bricks and Technic® elements. Not only will you build mechanical models depicting some of your favorite arcade and video game heroes but you will get to play some of the original 8 and 16 bit games such as Sonic, Mario, Smash Brothers and more on their original vintage Sega® and Nintendo® consoles. This is a unique opportunity to experience classic video games through LEGO® and relive a simpler time! **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	Sa	6:00-9:00 pm	Sep 18	\$85	ages 18+
---------	----	--------------	--------	------	----------

DIY Workshops

Candlemaking and Storytelling **<<NEW!>>**

Join us for an interactive DIY class where participants learn about the candlemaking process, choose a custom scent blend to create their own candle and include some reflections and questions about their life story that help create meaning behind their fragrance. **INSTRUCTOR:** Stacy Ahua, Usu Company Candles

WFCH	Su	6:00-7:30 pm	Nov 15	\$50 \$40 <i>RD</i>	ages 16+
WFCH	F	6:00-7:30 pm	Feb 11	\$50 \$40 <i>RD</i>	ages 16+



Wreath Making Workshop «NEW!»

Participants will complete a deco mesh wreath in a two and a half hour workshop. Instructor will provide all materials and participants will be able to choose the colors and/or theme they would like to do. **INSTRUCTOR:** Dolores Riggins

AMC	F	6:00–8:30 pm	Sep 13	\$69 \$55 <i>RD</i>	ages 16+
WFCH	M	6:00–8:30 pm	Nov 29	\$69 \$55 <i>RD</i>	ages 16+

Candlemaking and Storytelling Workshop

Join Usu Company Candles for a unique candle making class! Together, we'll go step-by-step to learn about all of the materials you need to make a candle and the candle making process. Then, you'll sample, select and blend a one-of-a-kind scent for your candle, and add a unique story to tie it all together! Guests will make one 8 oz glass candle in the vessel of their choice. **INSTRUCTOR:** Stacy Ahua, Usu Company Candles

Ren Ctr	Su	1:00–3:00 pm	Nov 7	\$40	all ages
---------	----	--------------	-------	------	----------

DIY Self Care «NEW!»

Participants will create their own clean & natural self care body products to take home with them while learning about aromatherapy. **INSTRUCTOR:** Natasha Cook, Homebody's

WFCH	F	6:00–7:30 pm	Nov 3	\$63 \$50 <i>RD</i>	ages 16+
AMC	Th	6:00–7:30 pm	Jan 6	\$63 \$50 <i>RD</i>	ages 16+

DIY Geometric Wood Wall Art «NEW!»

Participants will enjoy choosing their own colors to paint their own wood wall art. Make your own geometric wall art! Final piece will be approximately 13.75" wide x 7.75" tall x 0.5" thick. In the event that you are unable to finish your project, you will be provided the materials to finish at home. No power tools will be used during this workshop **INSTRUCTOR:** Kaylyn Allor, Homebody's



WFCH	Su	6:00–8:30 pm	Oct 22	\$63 \$50 <i>RD</i>	ages 16+
------	----	--------------	--------	-----------------------	----------

DIY Mountain Wood Wall Art «NEW!»

Participants will enjoy choosing their own colors to paint their own wood wall art. Make your own geometric wall art! Final piece will be approximately 23" wide x 12.1" tall x 0.5" thick. In the event that you are unable to finish your project, you will be provided the materials to finish at home. No power tools will be used during this workshop **INSTRUCTOR:** Kaylyn Allor, Homebody's



AMC	F	6:00–8:00 pm	Feb 7	\$75 \$60 <i>RD</i>	ages 16+
-----	---	--------------	-------	-----------------------	----------

Charcuterie & Cheese Workshop «NEW!»

Come learn how to build a beautiful and delicious charcuterie and cheese board! We will learn about pairings, ways to prepare ingredients, and how to artistically curate and create a delicious board. **INSTRUCTOR:** Natasha Gentile of Femme Fromage & Co

WFCH	F	6:00–7:30 pm	Sep 13	\$63 \$50 <i>RD</i>	ages 21+
AMC	Su	6:00–7:30 pm	Dec 12	\$63 \$50 <i>RD</i>	ages 21+
WFCH	F	6:00–7:30 pm	Dec 17	\$63 \$50 <i>RD</i>	ages 21+

Macramé Plant Hanger «NEW!»

Kat McDaniel, the owner of Bella Ruth Co. and expert macramé weaver, will be guiding you through the process. Participants will learn how to create a boho inspired plant/floral hanger that they will use for years to come. We will be using earth friendly, recycled macramé cords to expertly tie different types of macramé knots and braids. **INSTRUCTOR:** Kat McDaniel, Bella Ruth Co.

WFCH	W	6:30–8:30 pm	Sep 1	\$69 \$55 <i>RD</i>	ages 16+
WFCH	F	6:30–8:30 pm	Jan 21	\$69 \$55 <i>RD</i>	ages 16+



Hand Lettering Basics <<NEW!>>

Students will learn the basic strokes of hand lettering, the lowercase alphabet, and how to connect letters. Each student will receive and take home a hand lettering workbook, tracing paper, and brush pen. **INSTRUCTOR:** Carissa Sliwinski

AMC	F	6:00-8:00 pm	Oct 8	\$63 \$50 RD	ages 16+
-----	---	--------------	-------	----------------	----------

Basic Hand Lettered Artwork <<NEW!>>

Students will learn basic techniques and will handletter a piece of artwork. All supplies are included. Students will take home their finished piece. **INSTRUCTOR:** Carissa Sliwinski

WFCH	W	6:00-7:30 pm	Feb 2	\$50 \$40 RD	ages 16+
------	---	--------------	-------	----------------	----------

Virtual Alcohol Ornaments Workshop

You will make holiday ornaments using glass ornaments and alcohol inks. Ornaments and a supply list for inks will be provided. **INSTRUCTOR:** Dr. Jane Steelman, Steelman Studios

virtual	Su	1:00-3:00 pm	Dec 5	\$35	ages 16+
---------	----	--------------	-------	------	----------

Hand-Stamped Jewelry Workshop

In this intro to Hand-stamping Jewelry course, you'll get to: learn how to handstamp on different metals like aluminum, brass, and gold plated (get tons of practice in before stamping your final selection); customize your piece with either an initial, date, or short word of encouragement; assemble your hand-stamped piece on finished jewelry of choice (options may slightly differ during each session); and take home your beautiful personalized piece with a branded organza bag and polishing cloth! **INSTRUCTOR:** Shanika Corrica, Changed Impressions Jewelry

Ren Ctr	F	6:30-8:30 pm	Jan 28	\$59	ages 15+
---------	---	--------------	--------	------	----------

Macramé Wall Hanging Workshop

Engage your inner hippie! Learn to make your own gorgeous, boho wall hanging in this beginner macrame class. No prior experience is needed. In this three-hour workshop you will: learn how to begin a macramé piece, including an overview of necessary materials; how to work a few different macramé knots, including casting on, the square knot, and the half hitch; how to create design, texture, and pattern within your piece by varying the knots as you work; and leave with a finished wall hanging and the know-how to design and create more pieces on your own. Class fee includes instruction and all the necessary supplies and materials, including cord and a chunky wooden dowel. **INSTRUCTOR:** Karen Penney, Sugar Mountain Macramé

Ren Ctr	Sa	2:00-5:00 pm	Feb 5	\$25	ages 16+
---------	----	--------------	-------	------	----------

Acrylic Paint Pouring on Real Records

Come make a mess with us! In this one hour class, you will learn how to thin and pour acrylic paint to create a unique motion-based design using real records as your canvas! Once learned, this method can be used on all kinds of surfaces like tables, trays, canvas, wood, anything you can think of! As we will be working with acrylic paint, please wear older clothes or bring a smock. We want this to be a fun time for all and no prior experience is necessary! **INSTRUCTOR:** Alex Lisi, Luna Viola Shop

Ren Ctr	Sa	10:30-11:30 am	Mar 19	\$50	ages 18+
---------	----	----------------	--------	------	----------

Esports

Competitive gaming, or Esports, is one of the fastest growing entities in the sports world! Esports takes the games you know and love and puts them in a competitive environment where you can grow your skills both as a gamer and as an athlete.

Battle in the Forest Esports Tournament

Enjoy video games and competing to be the best? If so, Battle in the Forest is the place for you! This Esports tournament will be an ongoing arena of different games throughout the year. The tournament will be played online and live streamed.

An assortment of prizes will be given to the top teams. The featured game will be determined at a later date. For information, visit wakeforestnc.gov and search "Esports."

STAFF CONTACT: Grayson Pridgen, gpridgen@wakeforestnc.gov, 919-554-6726



Online	Sa	1:00-6:00 pm	Nov 13	free*	ages 16+
Online	Sa	1:00-6:00 pm	Feb 12	free*	ages 16+

*Pre-registration required

eLeagues

Are you ready to compete at the next level? We are teaming up with Mission Control in our eSports leagues! Download the FREE Mission Control app, select Wake Forest PRCR esports and get ready to take your game to the next level. Play for prizes and bragging rights! **STAFF CONTACT:** Shawn Monday, smonday@wakeforestnc.gov

Online	6:00 pm	Oct 4-Nov 8	<i>Fornite, League of Legends, Rocket League 2v2</i>	\$10	ages 12+
Online	6:00 pm	Nov 15-Dec 20	<i>Fornite, Rocket League 2v2, Mario Kart Deluxe 8</i>	\$10	ages 12+
Online	6:00 pm	Jan 3-Feb 7	<i>Fornite, Super Smash, Mario Kart Deluxe 8</i>	\$10	ages 12+
Online	6:00 pm	Feb 21-Mar 21	<i>Fornite, League of Legends, Rocket League 2v2</i>	\$10	ages 12+

SPECIALIZED

& INCLUSION PROGRAMS



Specialized Programs

Club Connect

Join us once a month for socialization, activities, & fun! Participants will be provided with the opportunity to socialize with peers, play games, be creative, and plan activities based on input from the group. Participants must be able to perform self-care routines independently and can bring a buddy if necessary. Don't miss out on all the excitement!

JPCC	Th	5:30-7:30 pm	Sep 23	free	ages 15+
JPCC	Th	5:30-7:30 pm	Oct 28	free	ages 15+
JPCC	Th	5:30-7:30 pm	Nov 18	free	ages 15+
JPCC	Th	5:30-7:30 pm	Dec 16	free	ages 15+
JPCC	Th	5:30-7:30 pm	Jan 27	free	ages 15+
JPCC	Th	5:30-7:30 pm	Feb 24	free	ages 15+

We Can Dance, Dance Abilities Class «NEW!»

This class is specifically tailored for your student ages 9-25 years with Down Syndrome, (ASD) Autism Spectrum Disorder, Cerebral Palsy, and other hearing or developmental delays (including those requiring the use of a wheelchair or special hearing devices). This class will allow students to balance between the two halves of their body, express emotion, and gain muscle control, all while enjoying fun music and interacting with peers! Dance is a unique way to reach the special needs student because it is nonverbal and expressive. Through simple patterns, sequences and repetition the students will learn basic movement and rhythmic dance moves, such as jazz and hip hop. This class will encourage this experience. **REQUIREMENTS:** Workout or comfortable clothing, sneakers. **INSTRUCTOR:** Monet Dance Performing Arts Studio

AMC	Th	6:50-7:35 pm	Sep 9-Oct 14	\$50	ages 15-25
AMC	Th	6:50-7:35 pm	Oct 28-Dec 16**	\$50	ages 9-14
AMC	Th	6:50-7:35 pm	Jan 13-Feb 17	\$50	ages 15-25

*Pre-registration required, \$10 late fee assessed after deadline

**No class Nov 11, 25

Snowball Dance

Join us for a night in Winter Wonderland complete with a DJ, refreshments, dancing, and fun! Come with friends or come make new ones! Chaperones will be available for supervision but participants can bring additional support if necessary.



WFCH	F	6:30-8:30 pm	Dec 3	\$15*	ages 10-30
------	---	--------------	-------	-------	------------

*Pre-registration required, late fee assessed after deadline

We Cook Wednesdays Cooking Class

Experience the fun of cooking! Participants will learn key food preparation techniques and work together to prepare a different dish every week. During each class we will discuss kitchen and food safety, nutrition, and planning. This is a hands-on participatory class. Come prepared to cook and taste! **INSTRUCTOR:** Gerry Corvo

JPCC	W	5:30-7:30 pm	Oct 6-Nov 3	\$60*	ages 15+
JPCC	W	5:30-7:30 pm	Nov 10-Dec 15	\$60*	ages 15+

*Pre-registration required, late fee assessed after deadline

Mix It Up Baking Class

Learn and practice baking skills. Participants will learn basic baking skills and work together to create muffins, quick breads, and cookies. During each class we will discuss kitchen and food safety, nutrition and planning. This is a hands-on participatory introductory class. **INSTRUCTOR:** Gerry Corvo

JPCC	M	5:30-7:30 pm	Oct 4-Nov 1	\$45*	ages 12+
JPCC	M	5:30-7:30 pm	Nov 15-Dec 13	\$45*	ages 12+

*Pre-registration required, late fee assessed after deadline

Abilities Choir

Want the opportunity to show off your talents? Come join our inclusive choir and learn about different choral techniques and types of music. This choir includes individuals of all ability levels and provides an outlet for creative expression. Practices will be held every other Tuesday. **DIRECTOR:** Kasie Brooks

Ren Ctr	Tu	6:30-7:30 pm	Sep 7-Dec 14	\$75*	ages 10+
Ren Ctr	Tu	6:30-7:30 pm	Jan 11-Jun 14	\$75*	ages 10+

*Pre-registration required, late fee assessed after deadline

Spirit League Basketball

Spirit League is a unifying, safe and inclusive place for special needs teens and young adults to play basketball, get physically active, and make new friends. Our program stands for acceptance, teamwork, skill development and fun. Spirit League will always celebrate diversity, sportsmanship and the opportunity to be a beacon of hope for all.

JPCC	F	5:30-7:00 pm	Sep 17-Oct 22	\$15*	ages 12+
JPCC	F	5:30-7:00 pm	Jan 14-Feb 18	\$15*	ages 12+

**Pre-registration required, late fee assessed after deadline*

Abilities Tennis Clinics

Abilities Tennis clinics provide specialized instruction and practice for athletes, ages 8 and up. Coaches and volunteers are trained to teach the fundamentals of tennis, practice drills and fun games geared toward improving tennis skills. All levels of experience from beginner to advanced are welcome. Coaches are able to adapt tennis for each individual so that all can join in the fun. **INSTRUCTOR:** Abilities Tennis NC

Heritage High Park	Sa	4:00-5:00 pm	Sep 11-Oct 30	free*	ages 8+
--------------------	----	--------------	---------------	-------	---------

**Pre-registration required*

Preschool Sensory Gym

Bring your little one for play time and have a chance to make new friends! In partnership with Pediatric Therapy Associated, we will provide a safe, accepting, and playful environment filled with fun, educational and therapeutic toys. No instruction or supervision will be provided. Parents/caregivers are required to stay with their child.

Flah Park	M	10:45 am-11:45 am	ongoing*	free	18 mos-5 yrs
Flah Park	Th	11:00 am-12:00 pm	ongoing*	free	18 mos-5 yrs

**Please check website for most current open play calendar*

Dream League Baseball

Designed for school-age participants with special needs, league games are played on Saturdays from late April through early June. Registration will be held February 1-28.

STAFF CONTACT: Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-435-9559

Registration: Feb 1-29	Apr-Jun season	\$15*	ages 5+
----------------------------------	----------------	-------	---------

**Pre-registration required, late fee assessed after deadline*

Dream League Baseball "BUDDY" Program

Dream League Buddies assist players during games. This may include, but is not limited to, help guide a batter around the bases, assist in retrieving the ball, and cheering players on! Buddies are required to attend at least three games per season. **STAFF**

CONTACT: Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-435-9559

Registration: Feb 1-29	Apr-Jun season	free*	ages 10+
----------------------------------	----------------	-------	----------

**Pre-registration required*

RD=Resident Discount

Inclusion Services

The Town of Wake Forest's Parks, Recreation, & Cultural Resources Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with special needs to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Kelly Schurtz at kschurtz@wakeforestnc.gov or 919-435-9559.

What is a reasonable modification?

Reasonable modifications are additional supports and resources used to help aid a person with a disability to participate in any program. These resources may include, but are not limited to, auxiliary aids or services, adaptive equipment, or additional support staff. The ADA does not require the Town of Wake Forest to take any action that would fundamentally alter the nature of its programs or services, compromise the safety of participants, or impose an undue financial or administrative burden.

For questions or program ideas, please contact Recreation Specialist Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-435-9559.

Community Resources for Specialized Services

Abilities Tennis of NC	919-606-4917
Alliance Behavioral Healthcare	800-510-9132
Alliance of Disability Advocates - Center for Independent Living	919-833-1117
The ARC of the Triangle	919-832-2660
A Small Miracle Inc.	919-900-4422
Autism Society of NC - Wake Co. Chapter	800-442-2762
Brain Balance Achievement Center of Wake Forest	919-554-4622
East Point Prosthetics & Orthotics	919-844-7897
GiGi's Playhouse	919-307-3952
NC ABLE	919-814-4000
North Carolina Special Olympics	919-719-7662
Special Olympics Wake County	919-996-2111
Triangle Behavioral & Educational Solutions	919-449-8345
Triangle Down Syndrome Network	919-803-0515
Wake County Human Services	919-212-7000
Wake Forest Dream League	919-556-7093
WCPSS - Family & Community Connections	919-431-7334



ATHLETICS

YOUTH AND ADULT



Youth Athletics

YOUTH BASKETBALL

Youth Basketball League

Team practices begin in late October. Games are played December-February. League age is determined by participant's age on December 31, 2021. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration:	Nov-Feb season	\$100 \$60 <i>RD</i>	ages 5-17
Sep 1-7: Residents Only			
Sep 8-21: Residents & Non-Residents			
Sep 22-30: Late Registration (all)			

Skills, Drills & Development Basketball Clinic

Improve on your baller's basic fundamentals and skills with this fun and challenging basketball clinic. This clinic is designed by JJ Miller to improve each player's game, build confidence, and help them have more fun with the game of basketball.

INSTRUCTOR: JJ Miller, Hoopers Elite Basketball Services

Flah Park	Sa	10:00-10:45 am	Sep 4-25	\$75 \$60 <i>RD</i>	ages 6-12
-----------	----	----------------	----------	-----------------------	-----------



Networks Basketball Clinic

Improve on your baller's basic fundamentals and skills with this fun and challenging basketball clinic. This clinic is designed by JJ Miller to improve each player's game, build confidence, and help them have more fun with the game of basketball.

INSTRUCTOR: Networks Basketball

JPC	Sa	10:30 am-12:00 pm	Sep 4-Oct 9	\$144 \$115 <i>RD</i>	ages 6-12
-----	----	-------------------	-------------	-------------------------	-----------

Individual Basketball Training

In this program, J.J. Miller trains and develops all the basketball curriculum for our programs. We also have several Hooper's Elite certified trainers who are also USA Basketball licensed. Our individual training program concentrates on every aspect of the game and is specific to each individual player. These sessions are typically one player, however, they can be up to three if it's beneficial for each player. Sessions last 45-60 minutes depending on the key areas that we are working on for the particular day. The first session will be an evaluation session in which we put our clients through some basic drills to assess their skill level and focus on areas of their game that should be strengthened. We also get the player's thoughts on the areas in which they would like to improve. With this information, we will put together a specific program to maximize improvement.

The individual training programs include but are not limited to the following:

- Fundamentals (Ball Handling/Dribbling, Shooting, Passing, Defense, Rebounding, Footwork/agility, etc.)
- Drills (that can be translated to live play in games)
- Conditioning
- Mental aspects of the game
- Hidden gems (tips and pointers that I share only with my players on how to have an advantage in different areas during the game that I have learned through my own experiences of playing at the highest levels of each stage of my career.)

This program is for intermediate to advanced level players. Director will contact you for scheduling after registration. **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

Flah Park	W, Th, F	3:00-6:00 pm*	Sep 1-30	\$400 \$320 <i>RD</i>	ages 7+
Flah Park	W, Th, F	3:00-6:00 pm*	Oct 1-29	\$400 \$320 <i>RD</i>	ages 7+
Flah Park	W, Th, F	3:00-6:00 pm*	Nov 3-24	\$400 \$320 <i>RD</i>	ages 7+
Flah Park	W, Th, F	3:00-6:00 pm*	Dec 1-31	\$400 \$320 <i>RD</i>	ages 7+
Flah Park	W, Th, F	3:00-6:00 pm*	Jan 5-28	\$400 \$320 <i>RD</i>	ages 7+
Flah Park	W, Th, F	3:00-6:00 pm*	Feb 2-25	\$400 \$320 <i>RD</i>	ages 7+

*1 hour session



YOUTH BASEBALL

Youth Baseball, Softball & T-Ball Leagues

League drafts/team placement will begin in March. Practices begin within one week of league drafts. Games are played primarily on weeknights from April through late June. League age is determined by participants age on April 30, 2022. **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov, 919-435- 9562

Registration: Feb 1-7: Residents Only Feb 8-21: Residents & Non-Residents Feb 22-28: Late Registration (all)	Mar-Jun season	\$100 \$60 <i>RD</i>	boys, ages 5-17 girls, ages 5-15
--	-------------------	---------------------------	-------------------------------------

Dream League Baseball

Designed for school-age participants with special needs, league games are played on Saturdays from late April through early June. Registration will be held February 1-28. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093

Registration: Feb 1-29	Apr-Jun season	\$15*	ages 5+
----------------------------------	----------------	-------	---------

**Pre-registration required, late fee assessed after deadline*

Dream League Baseball "BUDDY" Program

Dream League Buddies assist players during games. This may include, but is not limited to, help guide a batter around the bases, assist in retrieving the ball, and cheering players on! Buddies are required to attend at least three games per season. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-435- 9559.

Registration: Feb 1-29	Apr-Jun season	free*	ages 10+
----------------------------------	----------------	-------	----------

**Pre-registration required*



YOUTH RUNNING

Nike® Marathon Kids Run Club

Kidokinetics has partnered with Marathon Kids sponsored by Nike® to offer this running and fitness program for kids! Run/walk a full half marathon during the 8-week session or register for both sessions and kids will complete a full marathon! Work on proper running form, strength, flexibility, balance and coordination. Class builds confidence and discipline while helping kids to set and achieve goals!

INSTRUCTOR: Kidokinetics

JPCC	Tu	4:45-5:45 pm	Sep 14	free demo*	ages 5-12
JPCC	Tu	4:45-5:45 pm	Sep 21-Nov 9	\$119 \$95 <i>RD</i>	ages 5-12
JPCC	Tu	4:45-5:45 pm	Nov 30-Feb 1**	\$119 \$95 <i>RD</i>	ages 5-12
JPCC	Tu	4:45-5:45 pm	both sessions**	\$119 \$95 <i>RD</i>	ages 5-12

**Pre-registration required
**No class Nov 23, Dec 22, 29*

YOUTH & ADULT TENNIS

Tennis leagues, tennis lessons and tennis clinics are offered by the Wake Forest Area Tennis Association (WFATA) through a partnership agreement with the Wake Forest Parks, Recreation and Cultural Resources Department. WAFATA provides fun, affordable, structured tennis programs for a diverse group of men, women and children representing many races, nationalities, cultures, and socio-economic backgrounds. To learn more, visit wfata.usta.com.

Athletic League Registration

YOUTH REGISTRATION: **New players** must submit a copy of the participant's birth certificate. **Returning players** are not required to submit a birth certificate. ALL registration for youth leagues will be held online during the specified registration periods. Computer access will be available at Joyner Park Community Center and Wake Forest Town Hall should registrants need access.

RESIDENT DISCOUNT (RD): Youth athletic league participants will be charged \$100 at the time of registration. Residents who live within the town's limits are eligible for the discounted rate of \$60.

ADULT REGISTRATION: Register online at wakeforestnc.recdesk.com.

REFUNDS: Athletic fees are 100% refundable if requested, in writing, before the participant's first assigned team practice. After the first practice, refunds will not be granted. Anyone withdrawing from an athletic program must request a refund in writing in order for a refund to be processed. Note that late registration fees, if paid, are non-refundable.

SPRING 2022 Baseball, Softball & T-ball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2016	2016	2016	2016	2016	2016	2016	2016	2017	2017	2017	2017	5
2015	2015	2015	2015	2015	2015	2015	2015	2016	2016	2016	2016	6
2014	2014	2014	2014	2014	2014	2014	2014	2015	2015	2015	2015	7
2013	2013	2013	2013	2013	2013	2013	2013	2014	2014	2014	2014	8
2012	2012	2012	2012	2012	2012	2012	2012	2013	2013	2013	2013	9
2011	2011	2011	2011	2011	2011	2011	2011	2012	2012	2012	2012	10
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	11
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	12
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	13
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	14
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	15
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	16
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Age Bracket

Baseball (male)	AGE	Softball (female)
T-ball	5 coed	T-ball
T-ball	6 coed	T-ball
Rookie League (machine pitch)	7	Rookie League (machine pitch)
Rookie League (machine pitch)	8	Rookie League (machine pitch)
Minor League	9	Minor League
Minor League	10	Minor League
Little League (11-12)	11	Little League (11-12)
Little League (11-12)	12	Little League (11-12)
Junior League (13-14)	13	Junior League (13-14)
Junior League (13-14)	14	Junior League (13-14)
Senior League (15-17)	15	n/a
Senior League (15-17)	16	n/a
Senior League (15-17)	17	n/a

WINTER 2021-22 Youth Basketball

League Age

Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sep	Oct	Nov	Dec	AGE
2016	2016	2016	2016	2016	2016	2016	2016	2016	2016	2016	2016	5
2015	2015	2015	2015	2015	2015	2015	2015	2015	2015	2015	2015	6
2014	2014	2014	2014	2014	2014	2014	2014	2014	2014	2014	2014	7
2013	2013	2013	2013	2013	2013	2013	2013	2013	2013	2013	2013	8
2012	2012	2012	2012	2012	2012	2012	2012	2012	2012	2012	2012	9
2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	10
2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	11
2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	12
2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	13
2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	14
2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	15
2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	16
2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Volunteer Coaching

Volunteer coaches are valuable assets to Wake Forest athletic programs. These individuals demonstrate a selfless concern for the community as evidenced by their willingness to give of their time to help area children.

Opportunities are available to coach the following sports:

- basketball (November-February)
- volleyball (mid-May to late July)
- spring baseball, softball and t-ball (mid-March to late June)
- fall baseball/softball (mid-August through mid-October)

We strive to provide a safe environment for Wake Forest youth. Therefore, before a coach is permitted to participate in any of our youth leagues, he/she is required to annually complete and submit a background check consent form.

To inquire about coaching opportunities, contact Athletics & Aquatics Superintendent Edward Austin at 919-435-9562, eaustin@wakeforestnc.gov or Athletic Programs Specialist KP Kilpatrick kkilpatrick@wakeforestnc.gov.

Rained Out
Sign up to receive
game cancellation notices
via text message.

RainedOut is a free notification program that allows you to receive a text message on your cellphone when games have been cancelled. To enroll for **Youth Baseball/Softball, Dream League, Adult Softball** and **Track & Field**, send a text to 84483 with the message "Fields21". For the **Volleyball League**, send a text to 84483 with the message "VB2021". For **Youth Basketball** and **Spirit League**, send a text to 84483, with the message "BB2021".

Adult Athletics

ADULT SOFTBALL

Men's Spring Recreational Softball League

Games played Monday, Wednesday, Thursday beginning in mid-March. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Feb 1-28	Mar-Apr season	\$550/team	ages 18+
----------------------------------	----------------	------------	----------

Church Men's Softball League

Games will be played Tuesday and Thursday beginning in late April. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Mar 1-31	Apr-Jun season	\$550/team	ages 18+
----------------------------------	----------------	------------	----------

ADULT KICKBALL

Adult Co-Rec Fall Kickball League

League play is scheduled to begin in mid-September, and games will be played on weeknights and/or Sundays throughout late October. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Aug 1-31	Sep-Oct season	\$225/team	ages 18+
----------------------------------	----------------	------------	----------

Adult Co-Rec Spring Kickball League

League play is scheduled to begin late-March, and games will be played on weeknights and/or Sundays through mid-May. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Feb 1-28	Mar-May season	\$225/team	ages 18+
----------------------------------	----------------	------------	----------



ADULT PICKLEBALL

Pickleball Clinic – Beginner

Pickleball is considered one of the fastest-growing sports in the United States. It is a paddle sport that combines elements of tennis, badminton, and ping-pong, using a Pickleball paddle and a whiffle-type ball. Pickleball allows you to work on your balance, reflexes, and hand-eye coordination without placing excessive strain on your body. This clinic will provide the basic skills for learning how to play the game. Participants will learn basic rules, court position, basic techniques, courtesy and safety on and off the courts. **INSTRUCTORS:** USAPA Ambassadors

Flah Park	M	8:30–10:30 am	Sep 13–20	\$32 \$25 RD	ages 18+
Flah Park	M	8:30–10:30 am	Oct 4–11	\$32 \$25 RD	ages 18+
Flah Park	M	8:30–10:30 am	Nov 8–15	\$32 \$25 RD	ages 18+
Flah Park	M	8:30–10:30 am	Dec 6–13	\$32 \$25 RD	ages 18+
Flah Park	M	8:30–10:30 am	Jan 10–24	\$32 \$25 RD	ages 18+
Flah Park	M	8:30–10:30 am	Feb 14–21	\$32 \$25 RD	ages 18+

Pickleball Clinic – Intermediate

Ready to improve your pickleball technique even more? Players who are already experienced with serving and rallying consistently but are looking to take their game to the next level, are invited to join in! Participate in targeted doubles drills designed to improve movement, shot selection, accuracy, power, consistency, and the all-important third shot drop. **INSTRUCTOR:** Troy Miller

JPCC	M	6:00–8:00 pm	Aug 30–Sep 13*	\$65 \$50 RD	ages 16+
JPCC	M	6:00–8:00 pm	Sep 14–21	\$65 \$50 RD	ages 16+

*No class Sep 6

Join a league as a free agent!

Adults (age 18+) that are interested in playing softball or kickball but are without a team may register as a "Free Agent." PRCR staff will provide Free Agent contact information to team managers that may be seeking additional players to complete their team roster. To register as a Free Agent, complete the form at wakeforestnc.gov (search "free agent").

RENAISSANCE CENTRE

FOR THE ARTS



THE LEGACY MOTOWN REVUE
SEP 24

Upcoming Events

The Legacy Motown Revue

Backed by a horn band and fronted by four talented singer-dancers, The Legacy Motown Revue will have you on your feet and dancing in the aisles.

Sep 24	7:30 pm	Renaissance Centre	Reserved: \$25 General Admission: \$15
--------	---------	--------------------	---

The Odd Couple Presented by Forest Moon Theater

From stage to film to television, Neal Simon's The Odd Couple has proven to be one of America's most beloved, enduring stories of mismatched roommates. Join us for the fun when we present our take on this classic comedy, which opens as a group of the guys assemble for a poker game in the apartment of divorced Oscar Madison. (And if the mess is any indication, it's no wonder that Oscar's wife left him.) Late to arrive is Felix Unger, who has just been separated from his wife. Fastidious, depressed, and none too tense, Felix seems suicidal, but as the action unfolds, Oscar becomes the one with murder on his mind when the clean freak and the slob ultimately decide to room together with hilarious results.

Oct 22	7:30 pm	Renaissance Centre	Advance: \$15 individual, \$13 student/senior
Oct 23	3:00 pm	Renaissance Centre	Day Of: \$18 individual, \$16 student/senior
Oct 23	7:30 pm	Renaissance Centre	
Oct 24	3:00 pm	Renaissance Centre	

Lights, Camera, Murder Mystery Dinner Theater

Written by Susanne Arrington. Directed by Marjorie Strauss. Produced by It's A Mystery. Welcome to the Gimme Awards, North Carolina's answer to the Academy Awards. Each year prizes go to the best in the growing film industry that makes our state a leader in film and television production. This year's awards are being held at the Renaissance Centre. The posh surroundings could make an elegant backdrop for the drop dead gorgeous as well as those who simply drop dead! So grab your camera and your autograph book and get ready for a taste of show business as you've never sampled before. Guests are encouraged to dress in their best red carpet attire or come as you are.

Oct 30	6:30 pm	Renaissance Centre	Reserved: \$45 (includes a 3-course dinner)
--------	---------	--------------------	--

Band of Oz

Are you longing for summer and the sweet sounds of beach music? Meet your friends at the Renaissance Centre for some summertime fun featuring the live music of the dynamic eight-member group Band of Oz. Bar will be open for wine, beer and other refreshment purchases.

Nov 20	7:30 pm	Renaissance Centre	VIP: \$40 Reserved: \$25 General Admission: \$15
--------	---------	--------------------	---



HOLIDAYS AT THE CENTRE

Who Hijacked my Fairy Tale? Comedian Kelly Swanson

Girls' Night out! A night of comedy and inspiration for when your glass slipper turns out to be plastic. Guests are encouraged to dress as their favorite princess, queen, or warrior.

Jan 8	7:30 pm	Renaissance Centre	General Admission: \$20
-------	---------	--------------------	--------------------------------

Shades of Gospel

Join us for a celebration of Gospel music that connects community members of all cultures, ages, and backgrounds!

Feb 5	7:30 pm	Renaissance Centre	General Admission: \$25
-------	---------	--------------------	--------------------------------

Jackie Robinson Presented by Bright Star Theater

Jackie Robinson's number "42" has come to symbolize the triumph of the human spirit over incredible odds. This biographical tale follows the life of Jackie Robinson, the first black baseball player to cross the color lines in the Major Leagues. A real-life hero and a tribute to the power of persistence and determination in the face of adversity, see why Jackie Robinson has inspired so many people both in and out of sports! Geared for grades K-5.



Feb 12	11:00 am	Alston-Massenburg Center	Free Admission
--------	----------	--------------------------	----------------



Holiday Artisans Market

ARTS Wake Forest presents the fifth annual Wake Forest Holiday Artisans Market. This unique shopping experience will feature a wide variety of items handmade by regional artisans and craftspeople.

Dec 4	9:00 am-4:00 pm	Renaissance Centre	Free Admission
-------	-----------------	--------------------	----------------

It's Beginning to Look a Lot Like Christmas

The Wake Forest Renaissance Centre in partnership with North Wake Theatre present "It's Beginning to look a lot like Christmas". Kick off the season with a family friendly performance filled with holiday favorites by some of the most talented performers around.

Dec 5	3:00 pm	Renaissance Centre	General Admission: \$10
Dec 5	7:00 pm	Renaissance Centre	General Admission: \$10



Celtic Angels Christmas

The Celtic Angels captivate audiences of all ages with the Magic of Christmas. An awe-inspiring show featuring Irish favorites and world-class championship Irish dancing. Enjoy a little bit of Ireland without leaving Wake Forest!

Dec 10	7:30 pm	Renaissance Centre	Reserved: \$25
Dec 11	3:00 pm	Renaissance Centre	Reserved: \$25
Dec 11	7:30 pm	Renaissance Centre	Reserved: \$25

A Malpass Family Christmas

Celebrate the holidays with everyone's favorite brothers. It will be just like going home for the holidays with A Malpass Family Christmas.

Dec 18	7:30 pm	Renaissance Centre	Reserved: \$25
--------	---------	--------------------	-----------------------

RENAISSANCE CENTRE

Wake Forest Film Festival

The Wake Forest Film Festival engages audiences with films of all lengths and genres. Intended for the general public and film professionals.

Mar 4-5	visit website for times	Renaissance Centre	General Admission: \$20 (includes all films)
---------	-------------------------	--------------------	---

The Diary of Anne Frank Presented by Forest Moon Theater

Forest Moon Theater brings Wendy Kesselman's adaptation to the RC stage. An impassioned drama about the lives of eight people hiding from the Nazis in a concealed storage attic.

Mar 11	7:30 pm	Renaissance Centre	Advance: \$15 individual, \$13 student/senior
Mar 12	3:00 pm	Renaissance Centre	Day Of: \$18 individual, \$16 student/senior
Mar 12	7:30 pm	Renaissance Centre	
Mar 13	3:30 pm	Renaissance Centre	



SONS OF MYSTRO
MAR 24

Sons of Mystro

Sons of Mystro use their violins to interpret reggae classical, American pop songs and their own creations accompanied by beats. This high energy show will have the audience dancing from their seats.

Mar 24	7:00 pm	Renaissance Centre	General Admission: \$12
--------	---------	--------------------	--------------------------------

Joshua Lozoff Illusionist

Joshua's stage show combines amazing illusions with mental feats that will amaze and entertain the entire family. The show is highly interactive, and Joshua always makes good on his promise to treat every participant with respect, creating moments of joy and amazement that last long after the evening is over. An Arts for All program supported by the United Arts Council of Raleigh and Wake County.

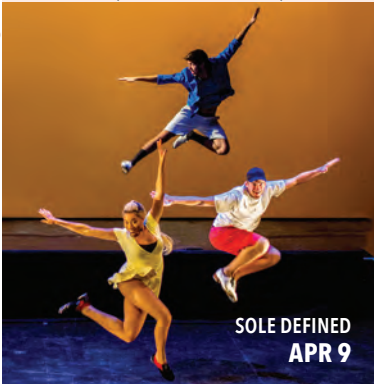


Apr 1	7:00 pm	Renaissance Centre	Free Admission (registration required)
-------	---------	--------------------	--

SOLE Defined

SOLE Defined uses their high-powered fusion of percussive dance, comedy and audience participation to create musical expression.

Apr 9	7:30 pm	Renaissance Centre	General Admission: \$15
-------	---------	--------------------	--------------------------------



Renaissance Centre – Ticket Information

PURCHASE TICKETS

Tickets for shows may be purchased at wakeforestrencen.org or at the Renaissance Centre box office at 405 S. Brooks St., open Mon-Fri 9 am-12 pm and 1 pm-5 pm. 919-435-9458. **Ticket prices do not include tax.**

STAY CONNECTED

Sign up to receive email updates about upcoming events at the Renaissance Centre by visiting wakeforestrencen.org and clicking on "Join our Mailing List."



American Sign Language Interpretation: For guests who are deaf or hard-of-hearing and use ASL as their primary means of communication, the Renaissance Centre will provide an interpreter for performances marked with this symbol. Please contact the box office at 919-435-9458 at least two weeks before the event to let us know that you will be joining us. Assistive Listening Devices are also available upon request for all Renaissance Centre events.

Staying active is good for you.



The Wake Forest Parks, Recreation & Cultural Resources Department (PRCR) reserves the right to alter schedules, fees, and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached. Classes are subject to instructor availability.

AN INCLUSIVE APPROACH

The PRCR Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Kelly Schurtz, kschurtz@wakeforestnc.gov.

PARENT PARTICIPATION POLICY

The PRCR Department offers individualized skills programs for children. Parents are only permitted to attend sessions when the instructor requires parent participation. In preschool programs where parent participation is not required, children must be potty-trained in order to participate.

REGISTRATION

Programs

Preregistration is required for all programs. Full payment must be made at the time of registration. Class registrations will be accepted up to two business days before the program's start date as long as space is available and unless otherwise noted. Online registration is accepted at wakeforestnc.recdesk.com or at any PRCR staffed facility. Online registration closes two business days prior to the start of a program.

Athletics

Athletic registration will only be accepted during the advertised registration period. Early registrations will not be accepted. Registration for youth athletics is available online only during specified registration dates. Visit wakeforestnc.recdesk.com. New youth participants will be prompted to submit a birth certificate.

Non-Resident Fees

Anyone residing outside the corporate limits of the Town of Wake Forest is encouraged to participate in programs but may be assessed an additional non-resident fee.

Program Refund Policy

Program fees are 100% refundable when the program is canceled by the PRCR Department. Anyone wishing to withdraw from a class that has not been canceled by the PRCR Department must request a refund, in writing, at least 10 business days before the start of the class. Refunds will not be given for withdrawals made less than the 10 business day period other than for verified medical/hardship cases.

Risk & Liability

By registering for classes/programs or athletic leagues, participants and/or their guardians understand that participating in the activities may include the risk of injury. These risks include slips/trips/falls, musculoskeletal injuries, physical contacts with/ actions of other participants, the inherent risks of inclement weather, accidents while traveling to and from events/activities, and equipment problems or failures, among others. By registering for classes/programs/athletics, the registrant/guardian is choosing for themselves and/or their child/children to participate in the selected programs despite the risks. Participant/guardian is aware of the Town of Wake Forest Release of Liability requirement for participation, and agrees to the terms set within (liability waiver is required prior to completion of registration).

Athletic Refund Policy

Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.

OPEN PLAY

RecCard required

To participate in Open Play, you must obtain and show your RecCard. RecCards are required for any individual over the age of six participating in Open Play. Children five and under do not need a RecCard but they must be accompanied to Open Play by a parent or guardian. To get a RecCard, you must first create a new online registration account at wakeforestnc.recdesk.com. RecCards are free. If you lose your RecCard, the charge to get a new one is \$5.





Town of Wake Forest
Parks, Recreation & Cultural Resources Department
301 S. Brooks Street
Wake Forest, NC 27587

[wakeforestnc.gov/
parks-recreation-cultural-resources](http://wakeforestnc.gov/parks-recreation-cultural-resources)

Look what's new for fall and winter!



Zen Photography page 24



AMC Afterschool page 22



Friday Night Line Dance Party page 25



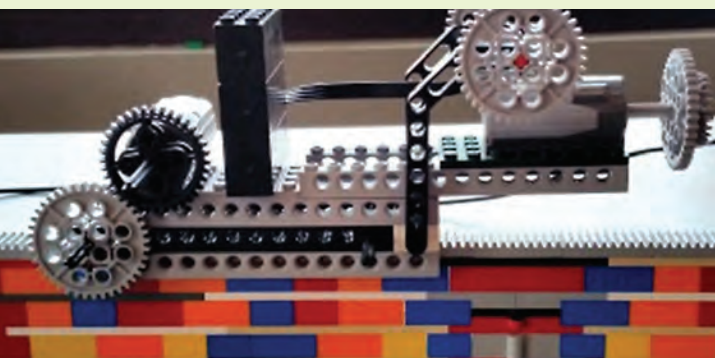
Cookie Decorating pages 20, 27



Fundamentals of Anime Drawing page 15



Macramé pages 19, 28, 29



LEGO® for Adults page 27



Youth Ballroom Dance page 17



DIY Self Care pages 19, 28